

Cypress (NHP)

Cupressus sempervirens 15 mL

dōTERRA® | CANADA

PRODUCT INFORMATION PAGE



CPTG Certified Pure Tested Grade

Application: A T N

Plant Part: Leaf

Extraction Method: Steam distillation

Aromatic Description: Clean, fresh, woody, herbaceous

Main Chemical Components: α -pinene, carene, limonene

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Cupressus sempervirens 15 mL

Part Number: 30052113

Wholesale: \$20.00 CAD

Retail: \$26.67 CAD

PV: 16.50



PRODUCT DESCRIPTION

Derived from the branches of the tall evergreen tree, Cypress essential oil has a fresh, clean aroma that's energizing and refreshing. Cypress is frequently used in spas and by massage therapists. Cypress is also commonly used topically to improve skin conditions. It has a grounding, yet stimulating effect, making it a popular oil to diffuse. NPN# 80060929.

USES

Cosmetic

- Apply Cypress to soothe dryness and clean skin.
- Prior to a long run, apply to feet and legs for an energizing massage.
- Combine with Lavender or Marjoram for a soothing neck massage.
- Apply two drops Cypress to chest before gardening for an invigorating aroma.
- Place ½ cup Epsom salt and one drop Cypress in a warm bath to relax after a hard day.

Household

- Diffuse three drops Cypress with three drops Lime for an invigorating scent.
- Apply two drops to a warm rag before wiping down surfaces for added cleansing benefits

Therapeutic

- Used in aromatherapy to help relieve colds and cough.
- Used in aromatherapy to help relieve joint and muscle pain associated with sprain, strain, and rheumatoid arthritis.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Topical use: When used topically, dilute with carrier oil as needed.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.