

Copaiba

Copaifera reticulata, officinalis, coriacea, and langsdorffii

dōTERRA® | CANADA

Product Information Page



CPTG Certified Pure Tested Grade®

Application: A T S

Plant Part: Resin from *Copaifera reticulata, officinalis, coriacea, and langsdorffii*

Extraction Method: Steam distillation

Aromatic Description: Spicy, woody

Main Chemical Composition: Caryophyllene

Copaiba | *Eugenia caryophyllata* 15 mL

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Primary Benefits

- + Has a warm, woody aroma
- + Can improve the healthy appearance of skin
- + Soothes and moisturizes dry skin
- + Helps to keep the mouth looking healthy
- + Promotes a calm, grounded atmosphere

Description

Distilled from the rich resin of the towering, tropical copaiba tree of South America, Copaiba essential oil has been used for centuries in holistic wellness practices in north and northeastern Brazil. Widely used in soaps, creams, lotions, and perfumes, Copaiba oil has a calm, earthy aroma and provides gentle but generous benefits to the skin.

Copaiba oil gently cleanses, soothes, and moisturizes the skin when combined with your daily face wash, toner, or lotion. You can also apply Copaiba directly to the skin to improve the appearance of targeted areas or even use it in oral care to help maintain the appearance of a clean, healthy mouth. Because of its neutral scent, Copaiba oil can also be used similarly to a carrier oil. Combine several drops of Copaiba with another essential oil of your choice to bring an extra moisturizing element to topical application.

Copaiba essential oil offers a mellow, wood-like aroma, which can be diffused or blended to promote a calm and deeply relaxing environment.

Uses

- + Add a drop of Copaiba oil and Epsom salts to a warm bath for a rejuvenating experience.
- + Add Copaiba oil to a daily moisturizer to enhance the appearance of healthy-looking skin.
- + Combine one to two drops with water and swish to freshen breath and promote a clean mouth.
- + Combine several drops of Copaiba oil with your essential oil of choice to enhance a soothing massage experience.
- + Diffuse Copaiba oil to promote a calm, relaxing atmosphere.

Directions

Aromatic use: Use three to four drops in the diffuser of choice.

Topical use: When used topically, dilute 1 drop with carrier oil as needed for skin sensitivity.

Cautions

For external use only. Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.