

# Copaiba

*Copaifera reticulata, officinalis, coriacea, and langsdorffii*

dōTERRA® | CANADA

Product Information Page



CPTG Certified Pure Tested Grade®

**Application:** A T S

**Plant Part:** Resin from *Copaifera reticulata, officinalis, coriacea, and langsdorffii*

**Extraction Method:** Steam distillation

**Aromatic Description:** Spicy, woody

**Main Chemical Composition:**  $\beta$ -caryophyllene

**Copaiba** | *Eugenia caryophyllata* 15 mL  
60202899

## Primary Benefits

- + Has a warm, woody aroma
- + Can improve the appearance of skin
- + Soothes and moisturizes dry skin
- + Helps to keep the mouth looking healthy
- + Promotes a calm, grounded atmosphere

## Description

Steam distilled from the rich resin of the towering Brazilian copaiba tree, Copaiba essential oil offers a mellow, wood-like aroma that can be diffused or blended to promote a deeply relaxing environment. A true gem of skincare, Copaiba gently cleanses, soothes, and moisturizes the skin when combined with your daily facial wash, toner, or lotion. You can also apply a drop of Copaiba directly to the skin to improve the appearance of targeted areas, or even use it in oral care to help maintain the appearance of a clean, healthy mouth. Because of its gentleness, Copaiba oil also acts similarly to a carrier oil. Combine several drops of Copaiba with another essential oil of your choice to bring an extra moisturizing element and grounding aromatic note to a relaxing neck and shoulder massage.

## Uses

- + Add Copaiba oil and Epsom salt to a warm bath for a rejuvenating aroma.
- + Add Copaiba oil to a daily moisturizer to enhance the appearance of healthy-looking skin.
- + Combine one drop of Copaiba oil with water and gargle for a fresh mouth rinse.
- + Combine several drops of Copaiba oil with your essential oil of choice to enhance a soothing massage experience.
- + Diffuse Copaiba oil to promote a calm, relaxing atmosphere.

## Directions

**Diffusion:** Use three to four drops in the diffuser of choice.

**Topical use:** When used topically, dilute 1 drop with carrier oil as needed for skin sensitivity.

## Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.