

# Citrus Bliss®

Essential oil blend 15 mL

dōTERRA® | CANADA

Product Information Page



**CPTG** Certified Pure Tested Grade®

**Application:** A T N

**Ingredients:** Wild Orange, Lemon, Grapefruit, Bergamot, Red Mandarin, Green Mandarin, Lime, Litsea, Tonka Bean, Vanilla Absolute

**Aromatic Description:** Citrus, sweet

**Citrus Bliss®** | Essential oil blend 15 mL

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## Primary Benefits

- + Provides a fresh, uplifting aroma
- + Creates a positive, invigorating atmosphere
- + Freshens sheets and clothing
- + Cleanses surfaces
- + Improves the scent of the home

## Product Description

Citrus Bliss brings together the best of the citrus essential oils, expertly combining the bright, blissful aromas of Wild Orange, Lemon, Grapefruit, Bergamot, Red Mandarin, Green Mandarin, Lime, with a touch of Litsea, Tonka Bean, and Vanilla Absolute to create a sweet, harmonious blend. Diffuse Citrus Bliss essential oil to experience its energizing scent and to create a positive atmosphere anytime, anywhere.

**Why should I add Citrus Bliss essential oil blend to my collection?** Citrus Bliss merges the best scents and benefits citrus essential oils have to offer. By balancing the aromas of the most popular citrus oils with the subtle sweetness of Vanilla Absolute, Citrus Bliss stands apart from other dōTERRA blends with its distinctively light and uplifting scent. Mixed with water, this concentrated collection of citrus—each with powerful cleansing properties—makes an ideal solution for cleaning countertops and other surfaces while producing a delightful aroma.

## Uses

### Cosmetic

- + Add one to two drops of Citrus Bliss oil to Fractionated Coconut Oil for an uplifting aroma during an evening massage.
- + Rub one to two drops of Citrus Bliss oil on the bottoms of your feet in the morning.
- + Put one drop on your wrist and rub both wrists together for a great everyday personal fragrance.

### Household

- + Add two to three drops of Citrus Bliss oil on to dryer sheets to give your laundry a refreshing aroma.
- + Combine several drops of Citrus Bliss oil with water in a spray bottle to create a cleanser for kitchen and bathroom surfaces.
- + Diffuse Citrus Bliss for an uplifting scent.

## Directions for Use

**Diffusion:** Use three to four drops in the diffuser of choice.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. drops of carrier oil as needed for skin sensitivity.

## Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.