

# Citronella

*Cymbopogon winterianus* 15 mL

dōTERRA® | CANADA

Product Information Page



CPTG Certified Pure Tested Grade®

Application: **A** | **T** | **S**

Plant Part: Leaf

Extraction Method: Steam distillation

Aromatic Description: Refreshing, herbal, lemon-like

Main Chemical Composition: Citronellal, geraniol

**Citronella** | *Cymbopogon winterianus* 15 mL  
60209658

## Primary Benefits

- + Has a pleasant, herbal, lemon-like aroma
- + Creates a refreshing, uplifting environment
- + Topically soothes and comforts skin
- + Effectively cleanses surfaces

## Description

Citronella essential oil has a crisp, lemony aroma, perfect for using inside the home or while spending time outdoors. With its fresh scent and soothing benefits, Citronella oil can be worn on your skin while camping and hiking, or simply diffuse it on your patio. This unique oil contains citronellal and geraniol, which are both excellent, naturally sourced solutions for cleaning household surfaces. Geraniol—a rich constituent you may recognize from Geranium oil and Rose oil—contributes powerful skin soothing benefits and helps promote clean, healthy-looking skin. Use Citronella oil in both your home cleaning or personal care for a cleansing boost and a pleasant, refreshed scent.

## Uses

- + Diffuse during outdoor gatherings for a pleasant, herbal aroma.
- + Combine with carrier oil and rub into skin for a soothing experience.
- + Mix with water and spritz on surfaces as a naturally sourced surface cleanser with a refreshing herbal scent.
- + Apply to arms and legs for a unique personal aroma when enjoying time outside.
- + Add a drop to shampoo and conditioner to boost cleansing and soothe the scalp.

## Directions

Diffusion: Use three to four drops in the diffuser of choice.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity.

## Cautions

For external use only. Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.