

Cananga

Cananga odorata 15 mL

dōTERRA® | CANADA

PRODUCT INFORMATION PAGE



CPTM TG Certified Pure Tested Grade®

Application: A | T | N

Plant Part: Flower

Extraction Method: Steam distillation

Aromatic Description: Warm, sweet, flowery, and woody

Main Chemical Components: β -Caryophyllene
Germacrene D

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Available during
July 2019 Promo.

PRODUCT DESCRIPTION

The yellow flowers of the Cananga tree, native to tropical Asia, have been used in traditional practices for centuries. Today, Indonesians still place Cananga flowers on honeymooners' pillows to symbolize the start of a happy union. Cananga's rich history and powerful benefits are largely due to its high concentration of beta-caryophyllene, which is a topically soothing chemical constituent found in many essential oils including Frankincense, Copaiba, and Ylang Ylang. Applied topically, Cananga has renewing properties that can rejuvenate the appearance of skin. The light, floral scent of Cananga can have a calming and elevating effect when diffused.

USES

Cosmetic

- Add two to three drops to Epsom salts for a soothing and relaxing bath experience.
- Add one to two drops to daily moisturizer to help enhance skin's appearance.
- Add a few drops to hand and body lotion and apply to desired area for a soothing, rejuvenating massage.

Household

- Diffuse for a calming, peaceful aroma.
- Add a few drops to aromatherapy jewelry for an uplifting aroma.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity.

CAUTIONS

For external use only. Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

