

Blue Tansy

Tanacetum annuum 5 mL

dōTERRA® | CANADA

Product Information Page



CPTG Certified Pure Tested Grade®

Application: A | T | N

Plant Part: Flower/Leaf/Stem

Extraction Method: Steam distillation

Aromatic Description: Fruity, mellow, balsamic

Main Chemical Composition: Sabinene, Chamazulene, p-Cymene, -Phellandrene, β-Pinene, Camphor

Blue Tansy | *Tanacetum annuum* 5 mL

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Description

Blue Tansy, also referred to as Moroccan Tansy, is an annual yellow-flowered Mediterranean plant found in northern Morocco. Chamazulene, a chemical component in Blue Tansy, provides the characteristic indigo color and is recognized for its many benefits. Blue Tansy has a calming aroma with a sweet, warm fragrance that can be beneficial to the skin, mind, and body. It's perfect for massaging into skin with fractionated coconut oil or lotion after a long day of work or intense exercise. Blue Tansy should be diluted to minimize potential staining.

Uses

Cosmetic

- + Apply topically during warm weather for a cooling sensation.
- + Combine with Peppermint and apply to chest for an invigorating aroma.
- + Add one drop to favorite moisturizer and apply to skin for its skin-soothing benefits.
- + Rub on fingers, wrists, shoulders, and neck after a long day of activity for a relaxing massage.

Household

- + Diffuse for a sweet, refreshing aroma.
- + Diffuse during changing seasons for a calming environment.
- + Apply to a cotton ball and place in car's AC vent for a soothing aroma while driving.

Directions

Diffusion: Use three to four drops in the diffuser of choice.

Topical use: When used topically, dilute with a carrier oil as desired.

Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. May stain surfaces, fabrics, and skin.