

# Balance<sup>®</sup>

Essential Oil Blend 15 mL

dōTERRA<sup>®</sup> | CANADA

PRODUCT INFORMATION PAGE



**CPTG** Certified Pure Tested Grade<sup>®</sup>

**Application:** 

**Ingredients:** Fractionated Coconut Oil, Spruce, Ho Wood, Frankincense, Blue Tansy, Blue Chamomile, Osmanthus.

**Aromatic Description:** Airy, fresh, sweet, woody

## Balance<sup>®</sup>

Essential Oil Blend 15 mL

Part Number: 31011713

Wholesale: \$27.00 CAD

Retail: \$36.00 CAD

PV: 22.5

## PRODUCT DESCRIPTION

The warm, woody aroma of Balance Essential Oil Blend creates a sense of calm and well-being. We perfectly blend Spruce, Ho Wood, Frankincense, Blue Tansy, and Blue Chamomile with Fractionated Coconut Oil to offer an enticing fragrance that promotes tranquility and relaxation. Spruce, one of the oils in Balance, was used by Native Americans for wellness and spiritual reasons and is still used today to bring harmony through its grounding, peaceful fragrance.

## USES

### Cosmetic

- Apply topically before bed for a calming aroma.
- Apply to neck and wrists for a peaceful aroma.
- Apply to the bottom of feet for a grounding fragrance.
- Combine with Epsom salts in a warm bath for relaxation.

### Household

- Diffuse to create a calm environment when meditating or practicing yoga.

## DIRECTIONS FOR USE

**Diffusion:** Use three to four drops in the diffuser of choice.

**Topical use:** When used topically, dilute 1 drop with 5-10 drops of carrier oil as needed for skin sensitivity.

## CAUTIONS

- Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

