

AromaTouch®

Essential oil blend 15 mL

dōTERRA | CANADA

Product Information Page



CPTG Certified Pure Tested Grade®

Application: A T N

Ingredients: Cypress, Peppermint, Marjoram, Basil, Grapefruit, Lavender essential oils.

Aromatic Description: Clean, fresh, mint, powdery

AromaTouch® | Essential oil blend 15 mL

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Product Description

Essential oils have long been used for massage, which is why dōTERRA created a proprietary massage blend that improves various massage techniques with the help of relaxing and comforting aromas. AromaTouch combines Cypress, Peppermint, Marjoram, Basil, Grapefruit, and Lavender essential oils in a perfect blend that adds many important benefits to various massage techniques. This popular blend is a vital part of the AromaTouch Technique, a proprietary method for applying essential oils to produce a profound overall wellness experience.

Uses

Cosmetic

- + Combine with Epsom salt and add to a hot bath for relaxation.
- + Apply to neck and shoulders for a calming fragrance that promotes relaxation.
- + Use in conjunction with the AromaTouch Technique or the AromaTouch Hand Technique.

Household

- + Diffuse AromaTouch to create a luxurious spa environment.
- + Diffuse to create a calm environment when meditating or relaxing

Directions for Use

Diffusion: Use three to four drops in the diffuser of choice.

Topical use: When used topically, dilute 1 drop with 5-10 drops of carrier oil as needed for skin sensitivity.

Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.