

# Arborvitae

*Thuja plicata* 15 mL

dōTERRA® | CANADA

Product Information Page



**CPTG** Certified Pure Tested Grade®

**Application:** A | T | N

**Plant Part:** Wood

**Extraction Method:** Steam distillation

**Aromatic Description:** Woody, warm, earthy

**Main Chemical Composition:** Methyl thujate

**Arborvitae** | *Thuja plicata* 15 mL

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## Primary Benefits

- + Provides a warm, earthy aroma
- + Potent surface cleansing agent
- + Creates a grounding and renewing atmosphere
- + May help promote clear, healthy-looking skin

## Product Description

Known as the "tree of life," arborvitae is majestic in size and its essential oil offers many enriching benefits to your home. dōTERRA Arborvitae comes from a unique source in Canada that contains a distinct chemical profile, highly concentrated with methyl thujate. This compound creates an essential oil with a rich aroma and potent cleansing properties. Arborvitae oil is effective in your daily cleaning, or it can be used to polish wood furniture. With its centering, woody scent, it is perfect to use in meditation. You can also incorporate this cleansing oil into your daily skincare to promote a healthy-looking complexion.

**Sourcing Arborvitae:** dōTERRA sources Arborvitae essential oil sustainably by distilling residual wood materials from the lumber industry to ensure no additional trees are unnecessarily harvested.

## Uses

- + Add ten drops to spray bottle with water and spray on home surfaces for a quick DIY cleaner.
- + Mix 4 drops of Arborvitae essential oil and 2 drops of Lemon essential oil with Fractionated Coconut Oil for a DIY wood polish.
- + Apply to wrists and ankles while hiking or enjoying other outdoor activities for a pleasant aroma.
- + Add one drop Arborvitae oil to facial cleanser in a skincare routine.
- + Diffuse during meditation to create an atmosphere of peace and calm.

## Directions for Use

**Diffusion:** Use three to four drops in the diffuser of choice.

**Topical use:** When used topically, dilute with carrier oil as desired.

## Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.