

ADAPTIV™

Essential oil blend 15 mL

dōTERRA® | CANADA

Product Information Page



CPTG Certified Pure Tested Grade®

Application: A | T | N

Ingredient Information: Wild Orange, Lavender, Copaiba, Spearmint, Magnolia, Rosemary, Neroli, and Sweetgum

Aromatic Description: Sweet, citrusy, floral

ADAPTIV™ | Essential oil blend 15 mL

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Product Description

Grounding and sweet, the aroma of Adaptiv is a beautiful combination of Wild Orange, Lavender, Copaiba, Spearmint, Neroli, and Sweetgum essential oils. The Adaptiv blend was purposefully designed to provide an aroma of calm confidence during those moments when you have too much on your plate and is the perfect companion for your most overwhelming days. Diffuse or topically apply Adaptiv for a peaceful aroma whenever feeling tense.

Uses

Cosmetic

- + Massage into the back of neck and shoulders for a relaxing massage
- + Gently apply to wrists for a tranquil aroma midday
- + Rub into bottoms of feet in the morning or evening for a calming, centering aroma

Household

- + Diffuse three to four drops when overwhelmed for a comforting aroma
- + Add to aromatherapy jewelry periodically throughout the day to support a soothing environment.

Directions for Use

Diffusion: Use three to four drops in the diffuser of your choice.

Topical use: Dilute 1 drop of Adaptiv with 5–10 drops of a carrier oil as needed for skin sensitivity.

Cautions

Keep away from children. Consult your doctor if pregnant or in treatment. Avoid eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying product.