

Nature's Solutions

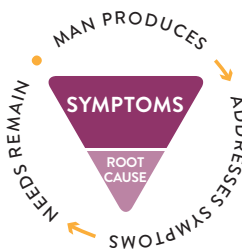
for healthy, empowered living

Do you need effective, and affordable wellness solutions?

YOU HAVE CHOICES

Modern Approach

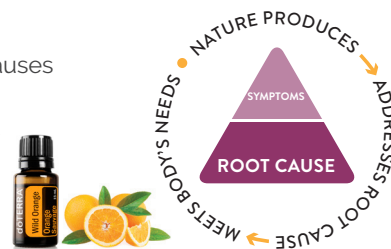
- Typically designed to manage symptoms
- Often man-made from isolated synthetic agents
- \$6.5 trillion/year spent on global healthcare
- Are we healthier?



and

Holistic Approach

- Addresses the root causes of concerns
- Extracted from plants
- Enhances overall wellness



ESSENTIAL OILS ARE EFFECTIVE



Peppermint Leaf Oil Sac



3 lbs. Peppermint



15ml bottle

From the Source

- Contain naturally derived compounds that are extracted and distilled from plants for various benefits.
- Comprised of hundreds of different compounds, utilizing complex and versatile abilities.
- Work in harmony with good wellness practices to address the root causes of concerns.
- Affordable. Pennies per dose!

dōTERRA OILS ARE PURE QUALITY

Why a new standard of quality?



Grades of Essential Oils

Most tested. Most trusted.

- Plants harvested in their natural habitat
- Verified pure; free of fillers and harmful contaminants
- Stringent third-party testing ensures purity and potency

HOW TO USE dōTERRA ESSENTIAL OILS



AROMATIC

Breathe in or diffuse to:

- Create a desired environment
- Freshen the air



PEPPERMINT

- Cooling sensation
- Helps relieve coughs and colds*
- Helps relieve digestive discomfort*



TOPICAL

Apply to bottoms of feet or affected areas to target specific needs.



FRANKINCENSE

- Provides soothing to the skin
- Set a comforting, centering environment
- Use in massage or a warm bath



INTERNAL

Drop in water or use in cooking to flavour food.



WILD ORANGE

- Offers an energizing aroma
- Has a sweet, invigorating flavour
- Creates an uplifting environment

*NHP #80061370 (Peppermint)

†See individual labels for ingredients, cautions, and instruction for use.

Live Empowered

Be prepared for anything



Be refreshed with self-care



Be healthy with daily habits



1. WHAT ARE YOUR TOP WELLNESS PRIORITIES?



I want to feel less:

1

2

3

I want to feel more:

1

2

3

2. ARE YOU READY TO DISCOVER SIMPLE SOLUTIONS?

EASY AIR®

- Promotes an airy, breathable environment
- Diffuse at night or during changes in season

ZENGEST®

- Offers a sweet, soothing aroma
- Provides a comforting scent during an abdominal massage
- Add a drop to water for a refreshing taste after a large meal

BALANCE

- Provides a calm, tranquil aroma
- Complements a relaxing massage
- Creates a grounding environment

TEA TREE

- Rejuvenates and cleanse skin
- Soothes dry, cracked skin
- Cleans surfaces

LAVENDER

- Used in aromatherapy to calm the mind*
- Calms and soothes the skin
- Creates a calm, peaceful atmosphere

dōTERRA SERENITY®

- Diffuse to provide a calming aroma
- Create restful sleeping environment

FRACTIONATED COCONUT OIL

- Unscented carrier oil
- Great for delivering essential oils to sensitive skin
- Sustained delivery on specific locations
- Use for dilution

AROMATOUCH®

- Comforting and relaxing aroma
- Enhances a comforting hand or body massage
- Creates a spa-like environment

ON GUARD®

- Offers a fortifying aroma
- Use a drop in daily oral care
- Cleansing for home and hands

LEMON

- Offers a bright, uplifting aroma
- Adds a fresh taste to water
- Cleanser for your home
- Helps relieve coughs and colds*

dōTERRA TERRAZYME®

- Provides enzymes to aid digestion*
- Supports the digestion of proteins and carbohydrates*

DEEP BLUE® STICK

- Apply to target areas
- Use before or after working out
- Soothe after a long workday

3. ARE YOU READY TO BE HEALTHY WITH DAILY HABITS?

dōTERRA LIFELONG VITALITY® PACK (LLV)

Essential nutrition to support habits of daily vitality.*

- **MICROPLEX VMz®**: Daily multivitamin and mineral
- **ALPHA CRS+®**: Antioxidant, and liver support
- **xEO MEGA®**: Omega fatty acids and brain function*

Designed to be used in conjunction with healthy habits like regular exercise, healthy eating, proper rest, and stress management, each product in this essential supplement trio offers benefits important to lifelong vitality.

#1
PRODUCT
30-day
satisfaction
guarantee

Wanting to improve the quality of your life? Try these daily habits.

- dōTERRA Lifelong Vitality Pack** 2 capsules each with morning and noon meals
- TerraZyme®** Enzyme support*: 1-3 capsules each meal
- Lemon** Hydration: 2-3 drops in water 2-3x/day
- Frankincense** Centering: 2-3 drops on bottoms of feet each morning
- On Guard®** Oral support*: 2-3 drops in a mouth rinse
- Easy Air®** Diffuse to create a breathable environment
- PB Assist+®** Probiotic support: 1 capsule/day

NHP #80061038 (Lavender), NHP #80060961 (Lemon), NHP #80077027 (TerraZyme), NHP #80075879 (Microplex VMz), NHP #80082975 (Alpha CRS+), NHP #80074456 (xEO Mega), NHP #80103865 (PB Assist+)

*See individual labels for ingredients, cautions, and instruction for use.

Changing Lives

Whose life do you want to change? dōTERRA improves lives every day all around the world. Join us in making this world a better place.



LIVE

Change your life!

Get your *Live* guide and schedule your **Wellness Consult**

- Get the best results with products for you and your family.
- Maximize your wholesale membership benefits.



SHARE

Change others' lives!

Get your *Share* guide and learn how to impact lives and share more

- Connect with the Wellness Advocate who invited you to learn and they'll show you how to share your personalized link with others to qualify them for waived enrollment and 25% off.
- Earn 20% back on all referrals' first orders in dōTERRA Dollars.

Get **FREE** products by sharing dōTERRA through the Refer-a-Friend program!

Scan here to learn more about the program.



BUILD

Change your future!

Get your *Build* guide and schedule your **Intro to Build**

- Launch your dōTERRA business with proven training and powerful support.
- Create an income by selling dōTERRA products.



You are changing the world!

Every purchase changes the lives of growers and their communities for the better through dōTERRA Cō-Impact Sourcing® and dōTERRA Healing Hands Foundation® initiatives.

"Every time you buy a bottle of dōTERRA essential oils, you are changing someone's life." —Emily Wright, Founding Executive, President

