WHAT SETS dōTERRA® ESSENTIAL SKIN CARE APART?

By integrating CPTG Certified Pure Tested Grade® essential oils with cutting-edge technologies, dōTERRA Essential Skin Care products provide scientifically proven ingredients and botanicals resulting in radiant, youthful-looking skin.

ESSENTIAL SKIN CARE COLLECTION

dōTERRA Essential Skin Care is a family of skin care products designed to meet all your skin care needs, helping keep your skin feeling and looking young and healthy.
FACIAL CLEANSER

essential oils of TEA TREE and PEPPERMINT

dōTERRA Facial Cleanser combines CPTG Certified Pure Tested Grade® essential oils of Tea Tree and Peppermint, known for their ability to purify and tone skin, with naturally sourced cleansers of Yucca Root Extract and Soapbark Extract which gently wash away impurities leaving skin looking clean, fresh, and smooth.

- Vitamin E supports healthy-looking skin
- Macadamia seed oil conditions the skin
- Yucca Root Extract and Soapbark Extract are rich in saponins, natural cleansers that clarify and soothe skin

DIRECTIONS FOR USE: Dispense cleanser into palm of hand. Apply to dry face and neck in a circular motion. Rinse with warm water and towel dry. Avoid contact with eyes.

INGREDIENTS: Aqua, Sodium Cocomoyl Isethionate, Stearic Acid, Glycerin, Glyceroyl Stearate SE, Cetearyl Alcohol, Benzyal Alcohol, Xanthan Gum, Macadamia Ternifolia Seed Oil, Ethylhexylglycerin, Melaleuca Alternifolia (Tea Tree) Leaf Oil, Mentha Piperita (Peppermint) Oil, Sodium Benzoate, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Sodium Phytate, Dehydroacetic Acid, Sodium PCA, Tocopherol, Citric Acid, Potassium Hydroxide, Quillaja Saponaria Bark Extract, Yucca Filamentosa Root Extract, Potassium Sorbate, Phenoxyethanol
INVIGORATING SCRUB

essential oils of GRAPEFRUIT and PEPPERMINT

CPTG Certified Pure Tested Grade® essential oils of Grapefruit and Peppermint make exfoliating a refreshing aromatic experience while jojoba esters polish your skin. Botanicals of Mandarin Orange Extract, Jasmine Extract, and Greater Burdock Extract tone, smooth, and hydrate skin.

- Gentle exfoliating action comes from biodegradable Jojoba esters known for their moisturizing properties
- Greater Burdock Extract helps to purify and tone skin

DIRECTIONS FOR USE: Massage moderate amount over wet skin for 15–30 seconds. For additional moisturizing effect, massage one minute. Rinse with warm water. Use two to three times per week as needed. Avoid contact with eyes.

60203373  70 g

$30.67 CAD retail  $23.00 CAD wholesale  19 PV

INGREDIENTS: Aqua, Glycerin, Jojoba Esters, Sodium Lauroamphoacetate, Xanthan Gum, Caprylyl/Capryl Glucoside, Sodium Methyl Cocoyl Taurate, Acrylates Copolymer, Glycol Stearate, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Benzyl Alcohol, Citrus Paradisi (Grapefruit) Peel Oil, Chlorophenesin, Polyglyceryl-5 Oleate, Sodium Cocoyl Glutamate, Sodium Hydroxide, Mentha Piperita (Peppermint) Oil, Ethylhexylglycerin, Sodium Phytate, Glycerol Caprylate, Citric Acid, Dehydroacetic Acid, Arctium Lappa Root Extract, Jasminum Officinale (Jasmine) Flower/Leaf Extract, Citrus Nobilis (Mandarin Orange) Fruit Extract, Tocopherol
PORE REDUCING TONER

essential oils of LAVENDER, YLANG YLANG, and GERMAN CHAMOMILE

dōTERRA Pore Reducing Toner contains CPTG Certified Pure Tested Grade® essential oils of Lavender, Ylang Ylang, and German Chamomile to calm sensitive skin while innovative fruit and plant extracts tone and balance the skin, increase hydration, and visibly reduce the appearance of pores to support a healthy-looking complexion.

- Aloe, watermelon, and apple extracts tone and balance the skin
- Rich in oligosaccharides, Lentil Extracts increase skin hydration, reduce the appearance of oily skin, tone the skin, and visibly reduce the appearance of pores

DIRECTIONS FOR USE: After cleansing, lightly apply to face and neck using cotton pad. Avoid contact with eyes.

60203356  118 mL

$32.33 CAD retail  $24.25 CAD wholesale  20 PV

INGREDIENTS:  Aqua, Aloe Barbadensis Leaf Juice, Glycerin, Pentylene Glycol, Caprylyl/Capryl Glucoside, Hamamelis Virginiana (Witch Hazel) Water, Hydroxyacetophenone, Lavandula Angustifolia (Lavender) Oil, Citrullus Lanatus (Watermelon) Fruit Extract, Chlorphenesin, Polyglyceryl-5 Oleate, Sodium Cocoyl Glutamate, Lens Esculenta (Lentil) Fruit Extract, Ethylhexylglycerin, Sodium Phytate, Pyrus Malus (Apple) Fruit Extract, Lens Esculenta (Lentil) Seed Extract, Citric Acid, Glyceryl Caprylate, Cananga Odorata Flower Oil, Sodium Lactate, Sodium PCA, Potassium Sorbate, Sodium Benzoate, Phenoxyethanol, Benzoic Acid, Chamomilla Recutita (Matricaria) Flower Oil, Sodium Hydroxide, Tocopherol
BRIGHTENING GEL
essential oils of BERGAMOT, JUNIPER BERRY, and MELISSA

Naturally sourced extracts, vitamins, and cutting-edge ingredient technologies combine with CPTG® essential oils of FCF Bergamot, Juniper Berry, and Melissa to brighten and even skin tone. dōTERRA® Brightening Gel is a gentle and effective way to noticeably brighten the skin by reducing the appearance of dark spots and hyperpigmentation.

- Daisy extract is a naturally sourced skin-brightening agent that acts by promoting even skin tone and reducing the appearance of dark spots
- Vitamin C helps to keep the skin looking youthful while providing skin-brightening benefits
- Microencapsulation technology protects vitamin C from breakdown ensuring the stability and efficient delivery of the vitamin to the skin

DIRECTIONS FOR USE: Push disc on bottom of jar to dispense small amount of product. Apply evenly to face and neck or to specific areas of concern. Avoid contact with eyes.

INGREDIENTS: Aqua, Pentylene Glycol, Bellis Perennis (Daisy) Flower Extract, Glycerin, Sclerotium Gum, Polymethyl Methacrylate, Hydroxyacetophenone, Hydroxyethylcellulose, Ascorbyl Tetraisopalmitate, Chlorphenesin, Zingiber Ocinalae (Ginger) Root Extract, Trisodium Ethylenediamine Disuccinate, Citrus Aurantium Bergamia (Bergamot) Fruit Oil, Juniperus Communis Fruit Oil, Biosaccharide Gum-1, Phenoxethanol, Ethanol, Phenethyl Alcohol, Citric Acid, Melissa Officinalis Leaf Oil, Sodium Hydioxide, Disodium Phosphate, Polysorbate 60, Sodium Phosphate
TIGHTENING SERUM

essential oils of FRANKINCENSE, SANDALWOOD, and MYRRH

Featuring CPTG Certified Pure Tested Grade® essential oils of Frankincense, Sandalwood, and Myrrh, dōTERRA Tightening Serum is scientifically formulated to reduce the appearance of fine lines and wrinkles and promote skin hydration. Naturally sourced extracts and gums combine with powerful ingredients for firmer, younger-looking skin.

- Contains rhizobian and acacia gum which provide “lifting” benefits
- Beech Tree Bud Extract tightens and smooths the appearance of skin
- Betaine is a nature mimetic humectant that helps protect skin cells against dehydration

DIRECTIONS FOR USE: Apply to face and neck in an upward, outward motion. Follow with the dōTERRA Essential Skin Care Moisturizer of your choice.

60203354 | 30 mL
$84.00 CAD retail | $63.00 CAD wholesale | 52.5 PV

INGREDIENTS: Aqua, Perfluorodecalin, Glycerin, Pentylene Glycol, Betaine, Acacia Senegal Gum, Polyglyceryl-6 Distearate, Hydrolyzed Rhizobian Gum, Carbomer, Jojoba Esters, Boswellia Carterii Oil, Sclerotium Gum, Xanthan Gum, Chlorphenesin, Fagus Sylvatica Bud Extract, Sodium Benzoate, Polyglyceryl-3 Beeswax, Cetyl Alcohol, Allantoin, Behenyl Alcohol, Santalum Album (Sandalwood) Oil, Sodium Phytate, Commiphora Myrrha Oil, Sodium Hydroxide, Sodium PCA, Benzyl Alcohol, Benzoic Acid
EYE CREAM

essential oils of FRANKINCENSE, YLANG YLANG, and BLUE TANSY

dōTERRA Essential Skin Care Eye Cream combines clinically proven ingredients with CPTG® essential oils of Frankincense, Ylang Ylang, and Blue Tansy to target the signs of aging around the delicate eye area, helping to reduce the appearance of fine lines and wrinkles over time. This innovative formula moisturizes, decreases the appearance of dark circles, and improves skin firmness and tone. The unique steel rollerball applicator cools and soothes under-eye skin helping to reduce the appearance of puffiness and dark circles while gently applying cream to targeted areas.

- Clinically tested
- Bakuchiol helps to tone and tighten the skin, which helps improve the appearance of fine lines and wrinkles and helps prevent future signs of aging
- Biopolymers made from Pullulan and Red Algae Extract provide a noticeable tightening and lifting effect from first use

DIRECTIONS FOR USE: Press pump until small amount of product appears around the rollerball. Using gentle pressure, apply to under-eye area until absorbed. Use morning and night. Avoid direct contact with eyes.

60203357 15 mL
$76.33 CAD retail $57.25 CAD wholesale 47.5 PV

INGREDIENTS: Aqua, Caprylic/Capric Triglyceride, Limnanthes Alba (Meadowfoam) Seed Oil, Dimethicone, Cetyl Palmitate, Cetyl Alcohol, Butyrospermum Parkii (Shea) Butter, Aloe Barbadensis Leaf Juice, Behenyl Alcohol, Polyglyceryl-6 Stearate, Pentylene Glycol, Glycerin, Cetearyl Alcohol, Hydroxyacetophenone, Bakuchiol, Dimethicone Crosspolymer, Stearic Acid, Sodium Lauroyl Glutamate, Polyglyceryl-6 Behenate, Carbomer, Dimethicone/Vinyl Dimethicone Crosspolymer, Cera Alba, Trisodium Ethylenediamine Disuccinate, Boswellia Carterii Oil, Hydroxypropyl Methylcellulose, Sodium Hydroxide, Pullulan, Cananga Odorata Flower Oil, Silica Silicate, Silica, Tanacetum Annuum Flower Oil, Citric Acid, Porphyridium Cruentum Extract, Potassium Sorbate, Sodium Benzoate
CLINICAL STUDY RESULTS

- When measured, 100% of subjects showed immediate improvement in skin firmness with an average improvement of 35% after one use. After 8 weeks, 100% of subjects showed improvement in skin firmness with an average improvement of 60%.

- When measured, 96% of subjects showed immediate improvement in skin elasticity with an average improvement of 76% after one use. After 8 weeks, 97% of subjects show improvement in skin elasticity with an average improvement of 152%.

- After 8 weeks of use, image analysis showed significant improvement in appearance of wrinkle depth, wrinkle severity, and total wrinkle count in 85% of subjects.

- 100% of subjects reported visible improvement in skin radiance and luminosity after 8 weeks of use. 90% of subjects reported immediate improvement after one use.

- 100% of subjects reported visible improvement in the texture and smoothness of their skin after 8 weeks of use. 94% of subjects reported immediate improvement after one use.

- 100% of subjects reported visible improvement in overall youthful appearance after 8 weeks of use. 52% of subjects reported immediate improvement after one use.

- 100% of subjects reported visible improvement in skin firmness after 8 weeks of use. 45.5% of subjects reported immediate improvement after one use.

- 100% of subjects reported a visible improvement in the appearance of bags and puffiness under the eyes after 8 weeks of use. 36% of subjects reported immediate improvement after one use.
ANTI-AGING MOISTURIZER

essential oils of LAVENDER, JASMINE, GERANIUM, and FRANKINCENSE

dōTERRA Essential Skin Care Moisturizer is packed with powerful dōTERRA essential oils that are combined to improve skin tone, reduce the appearance of wrinkles, and help reduce future visible signs of normal aging.

- Contains naturally sourced, aqueous extract of dormant Summer Snowflake (*Leucojum aestivum*) bulbs to promote a clearer, more even skin tone
- Olive Fruit extract is a naturally sourced ingredient specifically designed for moisturizing and overall skin care
- Peptides help firm and smooth skin, improving skin tone and texture and helping reduce the appearance of fine lines and wrinkles

DIRECTIONS FOR USE: After cleansing and toning, apply with a light touch over face and neck. Use morning and/or night.

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INGREDIENTS: Water (Aqua), Cetearyl Alcohol, Glycerin, Glyceryl Stearate, Caprylyl/Capric Triglyceride, Olea Europaea (Olive) Fruit Unsaponifiables, Betaine, Silica, Glyceryl Caprylate, Sodium Stearoyl Lactylate, Phenethyl Alcohol, Carbomer, Lavandula Angustifolia (Lavender) Oil, Sodium Phytate, Chlorophenesin, Xanthan Gum, Dimethicone, Vitis Vinifera (Grape) Seed Oil, Caprylylhydroxamic Acid, Pelargonium Graveolens Oil, Boswellia Carterii Oil, Tocopheryl Acetate, Jasminum Grandiflorum Extract, Palmitoyl Tripeptide-5, Leucojum Aestivum Bulb Extract, Tocopherol, Yucca Schidigera Root Extract, Sodium Hydroxide, Acetyl Tetrapeptide-2, Caprylyl Glycol
HYDRATING CREAM

essential oils of LAVENDER, JASMINE, GERANIUM, and FRANKINCENSE

The intensive moisture your skin has been waiting for. dōTERRA Hydrating Cream is saturated with nature’s ingredients. dōTERRA Hydrating Cream provides intense hydration and nourishment to the skin, improving skin’s natural health and beauty. Perfect for day or night use.

- Lactococcus Ferment Lysate helps to reinforce the skin’s natural barrier, helping to promote overall skin health and a youthful appearance
- *Laminaria digitata* extract comes from an algae rich in amino acids and polypeptides and is combined with mugwort extract to soothe and calm the skin.

DIRECTIONS FOR USE: Apply to clean face and neck. Use morning and/or night.

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INGREDIENTS: Aqua, Butylene Glycol, Glycerin, Glyceryl Stearate, Cetearyl Alcohol, Caprylic/Capric Triglyceride, Lactococcus Ferment Lysate, Betaine, Behenyl Alcohol, Isododecane, Sodium Stearyl Lactylate, Theobroma Cacao (Cocoa) Seed Butter, Phytosterol Isostearate, Dimethicone, Nylon-12, Benzyl Alcohol, Erythritol, Dimethicone Crosspolymer, Cetearyl Methicone, Ammonium Acryloyldimethyltaurate/VP Copolymer, Carbomer, Xanthan Gum, Lavandula Angustifolia (Lavender) Oil, Chlorophesin, Sodium Phytate, Sorbitan Laurate, Laminaria Digitata Extract, Artemisia Vulgaris Extract, Ethylhexylglycerin, Dehydroacetic Acid, Sodium Hydroxide, Pelargonium Graveolens Oil, Boswellia Carterii Oil, Hydroxyethylcellulose, Ascophyllum Nodosum Extract, Acetyl Dipeptide-1 Cetyl Ester, Phenoxyethanol, Jasminum Grandiflorum (Jasmine) Flower Extract, Lactic Acid, Sodium Benzoate, Biosaccharide Gum-1, Potassium Sorbate, Sodium Chloride, Homarine HCl, Citric Acid, Tocopherol
CHOOSE A COLLECTION AND SAVE:

ESSENTIAL SKIN CARE COLLECTION
Includes Facial Cleanser, Invigorating Scrub, Pore Reducing Toner, Tightening Serum, Brightening Gel, Eye Cream, Anti-Aging Moisturizer, and Hydrating Cream.

60206177  SAVE $60.00 RETAIL
$350.33 CAD retail  $262.75 CAD wholesale  212 PV
PURCHASE THE CUSTOMIZABLE ESSENTIAL SKIN CARE COLLECTION

Includes Facial Cleanser, Invigorating Scrub, Pore Reducing Toner, and Tightening Serum.

60206179  SAVE $47.33 RETAIL
$152.67 CAD retail  $114.50 CAD wholesale  90 PV

AND ADD UP TO TWO PRODUCTS PER COLLECTION ORDER* AT AN ADDITIONAL SAVINGS

Eye Cream 60203357
$31.75  21 PV

Anti-Aging Moisturizer 60203371
$31.75  21 PV

Brightening Gel 60203375
$31.75  21 PV

Hydrating Cream 60203359
$31.75  21 PV

*LRP only.
ESSENTIAL SKIN CARE GUIDE

Choosing the right skin care products and knowing when to use them is the first step toward vibrant, healthy-looking skin. Regardless of your skin type or age, every daily skin care routine should include four basic steps: cleansing, toning, targeting, and moisturizing. Select products based on your specific skin care concerns and individual needs. For best results, follow the steps below.

1. Cleanse

FACIAL CLEANSER
Start and end the day with a good cleanser. Cleansing is important to overall skin care and the best way to rid the skin of excess oils, makeup, pollution and other buildup.

INVIGORATING SCRUB
Exfoliating is necessary for removing dead skin cells and other impurities that can clog pores. Depending on your skin sensitivity, exfoliate in place of normal cleansing 2–3 times per week morning or night to rejuvenate your skin.

2. Tone

PORE REDUCING TONER
In addition to reducing the appearance of pores, toning will remove any traces of dirt and oil left on the skin after cleansing and prepares the skin for other skin care products or makeup.
3. Target

BRIGHTENING GEL
Depending on your skin sensitivity, Brightening Gel can be used morning and/or night as an all-over facial product or to target the appearance of dark spots.

TIGHTENING SERUM
Designed to be used morning and night, Tightening Serum moisturizes your skin while targeting the appearance of normal aging.

ANTI-AGING EYE CREAM
No matter your age, it’s beneficial to use an eye cream morning and night to target the appearance of fine lines and wrinkles around the delicate eye area.

4. Moisturize

ANTI-AGING MOISTURIZER
Optimal hydration is key to preventing and treating the appearance of fine lines and wrinkles and other normal signs of aging. Suitable for all skin types and ages, this light moisturizer can be used morning and night or as frequently as desired.

HYDRATING CREAM
Intensely hydrating and formulated with select ingredients to nourish your skin, Hydrating Cream can be used morning and/or night depending on your skin needs.
LIST OF ESSENTIAL OILS

**Bergamot (FC free)**
Bergamot provides purifying and cleansing skin benefits while the spicy citrus aroma uplifts and calms.

**Blue Tansy**
Recognized for its deep blue colour and sweet, fruity aroma, Blue Tansy also soothes and promotes the healthy appearance of skin.

**Frankincense**
No skin care regimen would be complete without a generous amount of Frankincense to renew and support youthful-looking, healthy skin.

**Geranium**
Geranium offers outstanding benefits for soothing and calming skin, making it the perfect choice for a skin care product.

**German Chamomile**
German Chamomile provides profound calming benefits for irritated or sensitive tissue.

**Grapefruit**
Known for its invigorating properties, Grapefruit also provides excellent cleansing benefits.

**Sandalwood**
Widely acknowledged as superior in skin care applications, Sandalwood helps support smooth, youthful-appearing skin.

**Helichrysum**
Sourced from Corsica, Helichrysum contains up to 10 percent diketoanes, which are known for their renewing effects. It also contains up to 30 percent sesquiterpene hydrocarbons, known as calming agents, as well as up to 50 percent esters.

**Jasmine**
A popular oil for its aroma, Jasmine is included for its soothing and toning properties.
Juniper Berry
Juniper Berry acts as a natural skin toner and reduces the appearance of skin blemishes making it ideal for skin care products.

Lavender
Used for centuries in skin care regimens, Lavender has numerous benefits including calming, soothing, and rejuvenating properties.

Tea Tree
Tea Tree has been revered for its cleansing and rejuvenating properties, especially for the skin.

Melissa
Known for its calming and soothing aroma, Melissa also helps diminish the appearance of imperfections, keeping skin looking clean and healthy.

Myrrh
Myrrh provides numerous benefits to the skin, including soothing irritated, dry, or chapped skin.

Peppermint
Peppermint produces a cool, relaxing sensation while helping calm sensitive tissues.

Rose
Rose not only provides a beautiful aroma, it supports healthy-looking and even skin tone as well as reducing the appearance of imperfections.

Ylang Ylang
Although Ylang Ylang is often valued for its pleasant, mood-enhancing fragrance, it also functions as an astringent and has pH balancing properties for the skin.
WHEN FORMULATING ESSENTIAL SKIN CARE PRODUCTS, dōTERRA® WILL NEVER USE THE FOLLOWING:

- Artificial colors
- Diethanolamine (DEA)
- Formaldehyde donors
- Parabens
- Phthalates
- Propylene glycol
- Sodium laureth sulfate (SLES)
- Sodium lauryl sulfate (SLS)
- Toluene
- Triethanolamine (TEA)
- Animal testing

BENEFITS OF THE ESSENTIAL SKIN CARE PRODUCTS

- Hydrates and nourishes skin
- Minimizes the appearance of pores
- Supports healthy, youthful-looking skin
- Promotes skin luminosity and brightness
- Promotes even pigmentation in dark (age) spots
- Reduces the appearance of fine lines and wrinkles
- Promotes skin elasticity and suppleness, improving skin firmness and tone
- Reinforces the skin’s natural barrier, helping protect against environmental pollutants

Notes: