



THERAPEUTIC RANGE

AUS ONLY SKU: 60201022

xEO MEGA®

Essential Oil Omega Complex

PRIMARY BENEFITS

- Contains fish oils to support brain health and cognitive function
- With Fish oils to support heart health
- Contains Omega-3 fatty acids, essential for normal growth and development
- Supports healthy immune system function
- Contains beta-carotene, which supports the health and function of the eyes

PRODUCT DESCRIPTION

dōTERRA's xEO Mega® is a special formula of marine omega-3 fatty acids, carotenoids, and vitamin D3 and E combined with a proprietary CPTG® essential oil blend. EPA and DHA omega-3 fatty acids which support brain function and cardiovascular system health.

xEO Mega® also includes vitamin D, vitamin E, and astaxanthin. Formulated to be used daily with Alpha CRS+ and Microplex VMz®.

Essential Fatty Acids (EFAs) are nutrients required for many functions in the human body. While some fatty acids can be produced inside the body, "essential" fatty acids cannot be produced by our bodies; therefore, we rely on the food we eat to supply these important nutrients. xEO Mega® contains omega 3 fatty acids.

ASTAXANTHIN AND VITAMIN E

xEO Mega® includes the carotenoid astaxanthin and Vitamin E. Vitamin E supports the health and function of the cardiovascular and immune systems.

Vitamin E is a fat-soluble antioxidant helping to protect the polyunsaturated fatty acids in cell membranes from free radical damage.

VITAMIN D

Vitamin D is a fat-soluble vitamin present in foods such as fish, beef liver, cheese, egg yolks, and fortified dairy products. Sunlight can help activate colesterciferol generation (a Vitamin D precursor), which is converted to active Vitamin D within the body.

Vitamin D is important for bone health, supporting the development and maintenance of strong, healthy bones. Vitamin D also supports the health and function of the immune

and nervous systems and is important for cardiovascular health. Vitamin D is mainly produced in our skin by a reaction that requires sunlight. People who limit their exposure to sunlight may require Vitamin D supplementation.

xEO Mega® contains omega-3 fatty acids and other fat-soluble nutrients that help support the health and function of the cardiovascular, nervous and immune systems and eyes. Containing DHA, which is one of the most abundant fatty acids in the brain, which is required for normal/ healthy brain function.

xEO Mega® is formulated to be used daily with Alpha CRS+ and Microplex VMz®.

ALWAYS READ THE LABEL. USE ONLY AS DIRECTED. IF SYMPTOMS PERSIST SEE YOUR DOCTOR/HEALTHCARE PROFESSIONAL.

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dōTERRA THERAPEUTIC



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DIRECTIONS FOR USE

Adults, take 2 capsules twice daily with meals or as directed by your healthcare professional.

Vitamins can only be of assistance if dietary intake is inadequate.

Contains fish and soya bean products.
Contains soy .

Store below 25°C.

xEO Mega® is formulated to be used with Microplex VMz® and Alpha CRS+. All three products can be found in our convenient Lifelong Vitality Pack.

KEEP OUT OF REACH OF CHILDREN.

INGREDIENTS

EACH CAPSULE CONTAINS:

Concentrated Fish Omega-3 triglycerides	260 mg
Equiv. Eicosapentaenoic Acid (EPA)	80.1 mg
Equiv. Docosahexaenoic Acid (DHA)	76.5 mg
<i>Borago officinalis</i> (Borage) Seed Oil Fixed	50 mg
Equiv. Gamma-Linolenic Acid	11 mg

CPTG® ESSENTIAL OIL BLEND:

<i>Syzygium Aromaticum</i> Herb Top Flowering Essential Oil	5.7 mg
Olibanum Oil	4.6 mg
Thyme Oil	4 mg
Cumin Oil	3.4 mg
Orange Oil	3.4 mg
Peppermint Oil	3.4 mg
Ginger Oil	2.9 mg
Caraway Oil	2.3 mg
Chamomile Oil German	285 microgram
Betacarotene	1 mg
Colecalciferol (Vit. D 200IU)	5 microgram
d-alpha-Tocopherol (Vit. E 15IU)	10.1 mg
Lycopene	250 microgram
Lutein	750 microgram
Zeaxanthin	250 microgram
<i>Punica granatum</i> (Pomegranate) Seed Oil Fixed	12.5 mg
Astaxanthin Esters extracted from <i>Haematococcus pluvialis</i>	2 mg
Equiv. Astaxanthin	250 microgram

OTHER INGREDIENTS: Sunflower oil
ENCAPSULATING AIDS: Hydroxypropyl Starch, Glycerol, and Purified Water.

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