

EASY AIR®

Clear Blend 15 mL

Breathe

Aromatic description: Minty, fresh, airy

Breathe easy with dōTERRA Easy Air®

dōTERRA Easy Air® is a remarkable blend of essential oils including Laurel Leaf, Peppermint, Eucalyptus and Tea Tree. Ancient Greeks made headdresses of laurel leaves to crown winning sportsmen, warriors and scholars. The refreshing aroma of Easy Air® helps promote feelings of clear and easy breathing. It can be applied topically, or diffused before a restful night's sleep.

PRIMARY BENEFIT

The Eucalyptus within dōTERRA Easy Air® may help with seasonal threats. Take a deep breath and inhale for feelings of relaxation and clearer breathing.

SECONDARY BENEFIT

The Laurel Leaf within dōTERRA Easy Air® may help to promote feelings of easy breathing.

TERTIARY BENEFIT

dōTERRA Easy Air® contains relaxing Ravintsara which can be used in meditation for its relaxation properties. Its fresh and earthy scent may be used to prepare for a restful night's sleep.

PRODUCT DESCRIPTION

Easy Air® can be applied topically to the chest, back or bottom of feet, or diffused at night time to help calm the senses before a restful night's sleep.

USES

- Diffuse, inhale directly from palms, or rub on chest or feet when environmental threats are high.
- Use when outdoors at times of seasonal threats.
- Diffuse at bedtime for a restful environment.

INGREDIENTS

Laurel Leaf, Eucalyptus Leaf, Peppermint Plant, Melaleuca Leaf, Lemon Peel, Cardamom Seed, Ravintsara Leaf and Ravensara Leaf essential oils.

DIRECTIONS FOR USE

DIFFUSION:

Use three to four drops in a diffuser of your choice.

TOPICAL USE:

Apply one to two drops to desired area. Dilute with carrier oil to minimise any skin sensitivity.

See additional precautions below

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. NOT TO BE TAKEN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying product. Application to skin may increase sensitivity to sunlight.



Certified Pure Tested Grade

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dōTERRA PEACE®

Reassuring Blend 5mL

Sweet, warm, rich

Aromatic description

PRIMARY BENEFITS

- Formulated to help promote feelings of peace, reassurance and contentment

PRODUCT DESCRIPTION

Is the fast pace of life leaving you feeling overwhelmed and unbalanced? dōTERRA Peace® Reassuring Blend of floral and mint essential oils is a positive reminder you don't have to be perfect to find peace.

Slow down, take a deep breath, and reconnect with the composed, collected you. Everything turning out fine begins with believing it will, along with a few drops of dōTERRA Peace® Reassuring Blend to support you.

USES

- Diffuse at night time to promote a calming environment before a restful sleep.
- For a calming aroma, apply one drop to hands, rub together and inhale deeply.

- A calming scent massaged into the bottoms of feet is ideal during feelings of restlessness or emotional upset.

DIRECTIONS FOR USE

DIFFUSION: Use one to two drops in the diffuser of choice.

TOPICAL USE: Apply one to two drops to desired area. Dilute with a carrier oil to minimise any skin sensitivity.

See additional precautions below.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

INGREDIENTS

Vetiver Root, Lavender Flower, Ylang Ylang Flower, Frankincense Resin, Clary Sage Flower, Marjoram Leaf, Labdanum Twig Absolute, Spearmint Leaf/Flower



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dōTERRA MOTIVATE® TOUCH

Encouraging Blend 10mL Roll-On

Fresh, clean, minty

Aromatic description

PRIMARY BENEFITS

- Formulated to help promote feelings of confidence, courage and belief
- An uplifting and positive aroma ideal to use in times when negative emotions are present

PRODUCT DESCRIPTION

dōTERRA Motivate® Touch is a blend of mint and citrus essential oils in fractionated coconut oil.

The fresh, minty aroma is formulated to help promote feelings of confidence, courage and belief. We all have setbacks in our lives, causing us to doubt ourselves or feel pessimistic.

With its invigorating scent dōTERRA Motivate® Touch may help you unleash your creative powers and find feelings of courage that comes from believing in yourself again.

USES

- Rub dōTERRA Motivate® Touch into your temples to set the tone for the day.

- Prime yourself for a day of hard work with a rub with dōTERRA Motivate® Touch on your wrists.
- Try applying to pulse points before participating in sporting events or other competitions.

DIRECTIONS FOR USE

TOPICAL USE: Apply to desired area.

See additional precautions below.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.

INGREDIENTS

Fractionated Coconut Oil, Peppermint Plant, Clementine Peel, Coriander Seed, Basil Herb, Yuzu Peel, Melissa Leaf, Rosemary Leaf, Vanilla Bean Absolute



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ON GUARD® SANITISING MIST

27 mL

PRIMARY BENEFITS

- Infused with moisturising apple extract
- On Guard® Protective Blend provides an invigorating citrus spice aroma

PRODUCT DESCRIPTION

We all know the protecting power of dōTERRA's On Guard® essential oil blend and the wonders it does for us in helping our families and homes with environmental threats. Handy, convenient and easy to use On Guard® Sanitising Mist is great to have on hand when you are on-the-go.

Our Sanitising Mist cleanses hands by killing bacteria on the skin through an extremely fine, quick drying mist. Infused with a natural apple extract, the moisturising formula will not dry out the skin and leaves hands feeling soft and smooth.

INGREDIENTS

ACTIVE INGREDIENT: Ethyl Alcohol 64%

INACTIVE INGREDIENTS: Water (Aqua), Pyrus malus (Apple), Fruit Extract, Glycerin, Eucalyptus globulus Leaf Oil, Citrus aurantium dulcis (Orange) Peel Oil, Eugenia caryophyllus (Clove) Bud Oil, Cinnamomum zeylanicum Leaf Oil, Cinnamomum zeylanicum Bark Oil, Rosmarinus officinalis (Rosemary) Leaf Oil, Citric Acid

On Guard® blend of Wild Orange, Clove, Cinnamon, Eucalyptus, and Rosemary CPTG® essential oils provides an uplifting citrus spice aroma and its protective benefits.

DIRECTIONS FOR USE

Shake well before use. Pump one or two mists directly to hands; rub together until dry.

CAUTIONS

Flammable. Keep away from flame, spark, or temperatures above 40°C (104° F).

KEEP OUT OF REACH OF CHILDREN. NOT TO BE TAKEN. For external use only. When using this product, avoid contact with eyes. Stop use and ask a doctor if irritation and redness develop.



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