

TURMERIC

Curcuma longa 15 mL

Warm, spicy, earthy, woody

Aromatic description

PRIMARY BENEFITS

- When diffused, Turmeric essential oil provides a rejuvenating scent and grounding atmosphere.

PRODUCT DESCRIPTION

As a key botanical of the traditional Ayurvedic practices of India, turmeric root and has a long history that has inspired modern uses of turmeric today.

Steam distilled from the turmeric root, Turmeric essential oil has two unique chemical components, Turmerone and ar-Turmerone. Curcumin is a main component of Turmeric.

Try diffusing for a unique and rejuvenating aroma. Turmeric essential oil acts as a great burst of flavour to your favourite savoury meals.

USES

- Add one or two drops to your food for flavour enhancement.

- Diffuse one or two drops for a unique aroma. Blends well with Wild Orange, Ylang Ylang, Grapefruit, Cardamom, Cinnamon and Ginger essential oils.

DIRECTIONS FOR USE

DIFFUSION: Use three to four drops in the diffuser of choice.

FOOD FLAVOUR USE: Add one or two drops to food.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

PLANT PART: Rhizome

EXTRACTION METHOD: Steam distillation

MAIN CHEMICAL COMPONENTS: ar-Turmerone, Turmerone



Certified Pure Tested Grade

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