

# dōTERRA TAMER®

Supportive Blend 10mL Roll-On

*Spicy, sweet, minty*

*Aromatic description*

## PRIMARY BENEFITS

- Calming aroma
- Provides a soothing abdominal massage

## PRODUCT DESCRIPTION

Wherever your journey takes you, whether near or far from home, dōTERRA Tamer® Supportive Blend is truly valuable to have on hand. Tamer contains a proprietary blend of essential oils including Spearmint, for its refreshing and invigorating aroma; Japanese Peppermint, with menthol to soothe and cool skin; and Ginger, with its calming aroma, all perfectly blended with Fractionated Coconut Oil. Tamer is designed to be used aromatically and topically.

## USE

- Keep Tamer on hand in your purse, briefcase, or schoolbag.
- Great to take on a road trip for a supporting aroma.
- Apply to the stomach or bottoms of feet after eating a large meal.
- Apply to pulse points and enjoy the aroma.
- Add a drop to the palm of your hands and inhale deeply for a satisfying aroma.

## DIRECTIONS FOR USE

**AROMATIC USE:** Roll on to diffusing jewellery, dolomite, or lava diffusing rocks.

**TOPICAL USE:** Apply to desired area.

Intended for use under adult supervision.

## CAUTIONS

KEEP OUT OF REACH OF CHILDREN UNDER 3 YEARS. Contains small parts. Possible skin sensitivity. If under a doctor's care, consult your physician. Keep out of eyes, inner ears, mouth, and sensitive areas.

## INGREDIENTS

Spearmint, Japanese Peppermint, Ginger, Black Pepper, and Parsley Seed essential oils in a base of Fractionated Coconut Oil.



Certified Pure Tested Grade

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