# **SWITCH & DITCH**

Diffusing Bundle

## **BUNDLE OVERVIEW**

Ditch the artificial fragrances and use Citrus Bloom® Blend, Balance Blend or Wild Orange essential oil to remove unwanted odours from the air. Any commercial product with 'fragrance' listed as an ingredient could be introducing toxins into your space. Replace chemical fragrances with natural essential oils to scent your home.

## DIFFUSER BLEND BUNDLE

- Citrus Bloom® Blend 15mL
- dōTERRA Balance® Blend 15mL
- Wild Orange 15mL

## **BUNDLE PRODUCTS**

#### **Citrus Bloom**

Beautifully crafted to welcome Spring into your home, Citrus Bloom® is the perfect essential oil fusion, combining the brightness of citrus peels layered with a freshly cut floral aroma. Greek Wild Orange and Pink Grapefruit essential oils deliver sunny and fresh aromatic notes to Citrus Bloom® providing an uplifting and energising aroma. The addition of Lavender, Roman Chamomile and Magnolia essential oils, impart calming and relaxing aromas and a softer, sweeter touch.

- Diffuse in your favourite doTERRA diffuser throughout the day and experience the positive, uplifting aroma of Citrus Bloom<sup>®</sup>.
- Put one or two drops onto your wrists or diffuser jewellery for a constant bright and Spring-like aroma.
- Combine 10 drops of Citrus Bloom essential oil to a spray bottle and top with distilled water for an uplifting and energising Room spray!

#### Balance

The warm, woody aroma of doTERRA Balance® Grounding Blend helps create a sense of calm and relaxation. We perfectly blend Spruce, Ho Wood, Frankincense, Blue Tansy and Blue Chamomile with Fractionated Coconut Oil to offer an enticing fragrance to help promote tranquility and relaxation.

- Begin your day by putting doTERRA Balance® on the bottom of your feet to help promote a sense of calmness and tranquility to your day.
- Diffuse in your car during road trips to create a calming, soothing aroma

#### Wild Orange

Cold pressed from the peel, Wild Orange is one of doTERRA's top selling essential oils due to its energising scent. High in monoterpenes, Wild Orange essential oil has a stimulating and uplifting aroma, making it ideal for diffusion. It can be added to food or water for a citrus burst of flavour. Wild Orange enhances any essential oil diffuser blend with a fresh, sweet, refreshing aroma.

- Add a drop to your water or to your baking or salad dressings for a refreshing zing.
- Diffuse for an uplifting aroma.
  Blends well with Cinnamon
  Bark, Cedarwood, Frankincense,
  Bergamot and Peppermint
  essential oils.
- For an energising aroma boost, dispense one to two drops in the diffuser with equal parts Peppermint and Frankincense essential oils.



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## CAUTIONS

FOLLOW THE DIRECTIONS FOR USE. KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

### DIRECTIONS FOR USE

See Individual product information pages for information.





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