

# dōTERRA SHINRIN-YOKU™

*Hair, Skin & Beard Oil | 30mL*

*Calming, floral, earthy*

*Aromatic description*

## PRIMARY BENEFITS

- Specially formulated to ground your grooming ritual.
- Distinct calming and relaxing fragrance.

## PRODUCT DESCRIPTION

Return to the forest to nurture mind, body and soul.

Research now concludes that the ancient Japanese practice of 'Shinrin-Yoku' or forest bathing has healing benefits to both our physical and mental health. Retreating to the inner sanctum of the trees is now scientifically proven to relieve stress, reduce blood pressure and boost our immune defences.

Ground your grooming ritual with the Shinrin-Yoku™ Hair, Skin and Beard Oil. Offering a blend of Argan, Jojoba and Avocado oils, it softens, smooths and conditions without weighing hair down. Infused with the dōTERRA Shinrin-Yoku™ Forest Bathing Blend, it leaves a calming, woody aroma and provides daily hydration to all skin and hair types.

## USES

Massage into clean, damp hair or skin to hydrate and smooth.

## DIRECTIONS FOR USE

Put 2-3 drops of oil into your palms. Rub hands together and apply directly to clean, damp hair or skin. Repeat daily to maintain hydrated and nourished hair or skin.

## CAUTIONS

KEEP OUT OF REACH OF CHILDREN. For external use only. Discontinue use if irritation or redness occurs. Avoid contact with eyes and sensitive areas. Store in a cool, dry place.

## INGREDIENTS

Argania Spinosa Kernel Oil, Sunflower Seed Oil, Jojoba Seed Oil, Avocado Oil, Caprylic/Capric Triglyceride, Tocopherol, Soybean Oil, Shinrin-Yoku Essential Oil Blend.



Certified Pure Tested Grade

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