EASY AIR® Clear Blend 15 mL

Breathe

Aromatic description: Minty, fresh, airy

Breathe easy with doTERRA Easy Air®

dōTERRA Easy Air® is a remarkable blend of essential oils including Laurel Leaf, Peppermint, Eucalyptus and Tea Tree. Ancient Greeks made headdresses of laurel leaves to crown winning sportsmen, warriors and scholars. The refreshing aroma of Easy Air® helps promote feelings of clear and easy breathing. It can be applied topically, or diffused before a restful night's sleep.

PRIMARY BENEFIT

The Eucalyptus within dōTERRA Easy Air® may help with seasonal threats. Take a deep breath and inhale for feelings of relaxation and clearer breathing.

PRODUCT DESCRIPTION

Easy Air® can be applied topically to the chest, back or bottom of feet, or diffused at night time to help calm the senses before a restful night's sleep.

SECONDARY BENEFIT

The Laurel Leaf within doTERRA Easy Air® may help to promote feelings of easy breathing.

USES

• Diffuse, inhale directly from palms, or rub on chest or feet when environmental threats are high.

- Use when outdoors at times of seasonal threats.
- Diffuse at bedtime for a restful environment.

DIRECTIONS FOR USE

DIFFUSION:

Use three to four drops in a diffuser of your choice.

TOPICAL USE:

Apply one to two drops to desired area. Dilute with carrier oil to minimise any skin sensitivity.

See additional precautions below

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. NOT TO BE TAKEN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying product. Application to skin may increase sensitivity to sunlight.

TERTIARY BENEFIT

dōTERRA Easy Air® contains relaxing Ravintsara which can be used in meditation for its relaxation properties. Its fresh and earthy scent may be used to prepare for a restful night's sleep.

INGREDIENTS

Laurel Leaf, Eucalyptus Leaf, Peppermint Plant, Melaleuca Leaf, Lemon Peel, Cardamom Seed, Ravintsara Leaf and Ravensara Leaf essential oils.





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LEMON Citrus limon 15 mL

Clean, fresh, citrus, bright

Aromatic description

PRIMARY BENEFITS

- Refresh and uplift. Add one or two drops of Lemon essential oil to water to create a refreshing and citrusy boost you can reach for throughout the day. A great tip to help reduce snack cravings.
- Invigorate your senses with the fresh and cleansing aroma of Lemon Essential oil. Diffuse Lemon to create a focused environment and help revive and elevate lagging spirits.
- Lemon essential oil, with its fresh and clean scent, can be incorporated into your daily household cleaning routine and used throughout the home.

PRODUCT DESCRIPTION

This top-selling doTERRA essential oil, Lemon has multiple benefits and uses. With a clean refreshing, crisp uplifting aroma to help brighten the day.

When added to water, Lemon provides a refreshing citrus flavour boost.

Lemon is frequently added to food to enhance the flavour of desserts and main dishes.

When diffused, Lemon essential oil has very uplifting and an energising aroma, ideal when searching for some feelings of lightness, cheer and joy.

DIRECTIONS FOR USE

DIFFUSION USE: Use three to four drops in a diffuser of your choice.

FOOD FLAVOUR: Dilute one drop in 120 mL of liquid.

CLEANING USE: Add five to ten drops to a 250mL spray bottle of water (and shake vigorously) to clean tables, countertops, and other surfaces.

See additional precautions to the right.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product. Application to skin may increase sensitivity to sunlight.

dōTERRA Lemon ^{Ib}m



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PLANT PART: Lemon rinds (peel)

EXTRACTION METHOD: Cold pressed/expressed

MAIN CHEMICAL COMPONENTS: Limonene, β-pinene, γ-terpinene

ON GUARD® BEADLETS

PRIMARY BENEFITS

- Freshens breath
- Provides a convenient consumption method for On Guard® Blend
- Convenient beadlets are perfect for traveling and on-the-go

PRODUCT DESCRIPTION

dōTERRA's On Guard® Beadlets are an easy and convenient way to obtain the breath freshening benefits of On Guard® Essential Oil Blend.

Providing a flavourful dose of doTERRA's proprietary blend of wild orange, clove, cinnamon, eucalyptus and rosemary, all contained in tiny vegetable beadlets that dissolve in the mouth to freshen breath.

Perfect for home use and while travelling – anytime, anywhere.

DIRECTIONS FOR USE

Consume one beadlet as desired.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. If you are pregnant, nursing, or under a doctor's care, consult your physician.

Store in a cool, dry place.

INGREDIENTS

On Guard® Blend (Wild Orange, Clove Bud, Cinnamon Leaf, Cinnamon Bark, Eucalyptus and Rosemary), Coconut Oil, Palm Oil, Agar, Guar Gum, Glycerin, Sodium Alginate, Carrageenan, Xylitol.





ON GUARD[®] FOAMING HAND WASH

PRIMARY BENEFITS

- Gentle cleansers and emollients clean and soften hands throughout the day without drying or irritating sensitive skin
- pH balanced to protect the delicate moisture barriers of the skin
- · Invigorate the senses during and after use
- enhances the cleansing function to take it to a new level and set it apart from other commercially branded products

PRODUCT DESCRIPTION

DIRECTIONS FOR USE

dōTERRA's On Guard® Foaming Hand Wash is a gentle alternative to harsh soaps that may dry and irritate sensitive skin.

Fortified with the power of doTERRA CPTG® essential oils, On Guard® Foaming Hand Wash provides the cleansing benefits of one of our most popular proprietary essential oil blends.

On Guard® Foaming Hand Wash cleans and softens hands while providing an invigorating aroma of essential oils that leaves your hands smelling fresh and citrus clean. Pump On Guard® Foaming Hand Wash dispenser once or twice to dispense foam onto hands. Work to a lather with warm water and rinse thoroughly.

CAUTIONS

For external use only. Avoid contact with eyes and broken skin. Store in a cool, dry place avoiding exposure to direct sunlight.





ON GUARD[®] LAUNDRY DETERGENT 947 mL

PRIMARY BENEFITS

- Surfactants, enzymes and stabilizers from sustainable natural-based sources (not petrochemical)
- · Unique, natural-based bio-originated enzyme blend
- Unique formulation maximizes essential oil aroma and efficacy—tough on stains and dirt, but low surfactant/enzyme aroma allows full aromatic potential of dōTERRA On Guard essential oil blend

PRODUCT DESCRIPTION

dōTERRA's On Guard® Laundry Detergent is an ultra-concentrated 6X laundry detergent that utilises the power of our On Guard® Protective Blend and bio-originated enzymes to target and lift stains for amazingly clean clothes.

This small bottle packs a punch with 10 mL of On Guard® essential oil and the ability to do up to 64 loads of laundry! It is colour safe for washable fabrics at all temperatures and is free of synthetic fragrances, dyes and toxins, which makes it a more gentle choice for your family as well as the environment.

DIRECTIONS FOR USE

HIGH EFFICIENCY WASHERS: ¹/₄ cap (1 tbsp)

CONVENTIONAL WASHERS: ½ cap (2 tbsp)

Use more as needed for heavily soiled loads.

STAINS: Put a small amount of detergent directly on the stain. Let it sit for 3–10 minutes; wash as directed.

For very stubborn stains, re-apply the detergent before the garment is dry and repeat the wash cycle.

After repeating wash, allow the garment to dry before attempting additional stain treatment. As with any stain removal, test for colorfastness of garments in small area before treating.

CAUTIONS

Avoid eye contact. For external use only.





ON GUARD[®] SANITISING MIST

PRIMARY BENEFITS

- Infused with moisturising apple extract
- On Guard® Protective Blend provides an invigorating citrus spice aroma

PRODUCT DESCRIPTION

We all know the protecting power of doTERRA's On Guard® essential oil blend and the wonders it does for us in helping our families and homes with environmental threats. Handy, convenient and easy to use On Guard® Sanitising Mist is great to have on hand when you are on-the-go.

Our Sanitising Mist cleanses hands by killing bacteria on the skin through an extremely fine, quick drying mist. Infused with a natural apple extract, the moisturising formula will not dry out the skin and leaves hands feeling soft and smooth. On Guard[®] blend of Wild Orange, Clove, Cinnamon, Eucalyptus, and Rosemary CPTG[®] essential oils provides an uplifting citrus spice aroma and its protective benefits.

DIRECTIONS FOR USE

Shake well before use. Pump one or two mists directly to hands; rub together until dry.

CAUTIONS

Flammable. Keep away from flame, spark, or temperatures above 40°C (104° F).

KEEP OUT OF REACH OF CHILDREN. NOT TO BE TAKEN. For external use only. When using this product, avoid contact with eyes. Stop use and ask a doctor if irritation and redness develop.

INGREDIENTS

ACTIVE INGREDIENT: Ethyl Alcohol 64%

INACTIVE INGREDIENTS: Water (Aqua), Pyrus malus (Apple), Fruit Extract, Glycerin, Eucalyptus globulus Leaf Oil, Citrus aurantium dulcis (Orange) Peel Oil, Eugenia caryophyllus (Clove) Bud Oil, Cinnamomum zeylanicum Leaf Oil, Cinnamomum zeylanicum Bark Oil, Rosmarinus officinalis (Rosemary) Leaf Oil, Citric Acid





ON GUARD®

Protective Blend 15 mL

Invigorate

Aromatic description: Warm, spicy, camphoraceous, woody

Invigorate and cleanse with dōTERRA On Guard®

dōTERRA On Guard® with its warm, spicy, camphoraceous and woody aroma is a powerful essential oil blend. With revitalising Wild Orange, Clove and Cinnamon, diffusing invigorating doTERRA On Guard® can help energise and uplift any home, workplace or study environment.

PRIMARY BENEFIT

With Wild Orange, Clove and Cinnamon essential oils, dōTERRA On Guard® is a powerful blend that protects against environmental and seasonal threats.

PRODUCT DESCRIPTION

As one of doTERRA's best selling products, On Guard® can be used on surfaces throughout the home as a non-toxic cleaner. When diffused, On Guard® provides a pure and uplifting aroma.

USES

- Soak sliced apples in water and a few drops for a snack.
- Diffuse two or three drops for a refreshing and energising aroma.

SECONDARY BENEFIT

The main essential oil in dōTERRA On Guard® is Wild Orange. Its refreshing aroma helps to create a cleansing and uplifting environment.

DIRECTIONS FOR USE

DIFFUSION: Use three to four drops in a diffuser of your choice.

FOOD FLAVOUR: Add one or two drops to food.

TOPICAL USE:

Apply one to two drops to desired area. Dilute with a carrier oil to minimise any skin sensitivity.

CLEANING USE:

Add five to ten drops to a 250mL spray bottle of water (and shake vigorously) to clean tables, countertops, and other surfaces.

See additional precautions below

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

TERTIARY BENEFIT

Clove and Wild Orange Essential Oils give dōTERRA On Guard® its refreshing and clean scent, make it ideal for use in your DIY surface cleanser for the home.

INGREDIENTS:

Wild Orange Peel, Clove Bud, Cinnamon Leaf, Cinnamon Bark, Eucalyptus Leaf and Rosemary Leaf/Flower essential oils.





TEA TREE

Melaleuca alternifolia 15 mL

Herbaceous, green, leathery

Aromatic description

PRIMARY BENEFITS

- Cool and cleansing. Tea Tree is known for its antibacterial properties; it can be applied to the skin when necessary
- Tea Tree essential oil contains a compound known to naturally repel insects.
- Tea Tree's antibacterial effects make it a good alternative to traditional cleaners. Add a few drops to a spray bottle with water and use on surfaces around the home.

PRODUCT DESCRIPTION

Tea Tree essential oil has over 92 different compounds and limitless applications.

The leaves of the Tea Tree tree were used by the Aboriginal and Torres Strait Islander peoples for centuries. They would apply crushed leaves directly to the skin for a cooling effect.

Tea Tree essential oil is best known for its cleansing properties. It can be used to cleanse and clarify the skin and nails and to support a healthy looking complexion. Diffusing Tea Tree essential oil will help freshen the scent of the air.

USES

- For topical skin application, apply one or two drops of Tea Tree essential oil in a carrier oil onto area.
- Combine one or two drops with your facial cleanser, as Tea Tree is known for its cleansing properties, or apply to skin after shaving.

- Apply to fingernails and toenails after showering to cleanse and keep nails looking healthy.
- Add a few drops to a spray bottle with water and use on surfaces as a cleaner around the home.

DIRECTIONS FOR USE

DIFFUSION: Use three to four drops in the diffuser of choice.

TOPICAL USE: Apply one to two drops to desired area. Dilute with a carrier oil to minimise any skin sensitivity.

CLEANING USE: Add five to ten drops to a 250mL spray bottle of water (and shake vigorously) to clean tables, countertops, and other surfaces.

See additional precautions below.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. NOT TO BE TAKEN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas. Application to skin may increase sensitivity to sunlight.

PLANT PART: Leaf

EXTRACTION METHOD: Steam distillation

MAIN CHEMICAL COMPONENTS: Terpinen-4-ol, γ-terpinene, α-terpinene



CPTG[®] Certified Pure Tested Grade