

SANDALWOOD

Santalum album 5 mL

Woody, dry, sweet

Aromatic description

PRIMARY BENEFITS

- Promotes healthy looking, smooth skin
- Reduces the appearance of scars and skin imperfections
- Provides an uplifting aroma
- Frequently used in meditation for its grounding and uplifting properties

PRODUCT DESCRIPTION

Sandalwood is a name given to a class of fragrant woods that, unlike other aromatic woods, can retain their fragrance for decades.

Both the wood and oil have been highly valued for centuries and Sandalwood has a documented history of many applications.

It was traditionally used as an incense in religious ceremonies and for enhancing meditation and the Egyptians used sandalwood for embalming.

Sandalwood essential oil is very beneficial to the skin; it can help reduce the appearance of skin imperfections and it promotes a healthy, smooth looking complexion. It has a sweet, woody, uplifting aroma and is frequently used in meditation for its grounding effects.

USES

- For an at-home spa experience, fill a large bowl with steaming water, then apply one or two drops of Sandalwood essential oil to your face and cover head with a towel. Place your face above the steaming water to promote a healthy smooth looking complexion.
- Try adding one or two drops to your wet hair for an earthy, sweet aroma.
- Inhale Sandalwood essential oil directly from palms or diffuse for a calming aroma and to balance emotions.

DIRECTIONS FOR USE

DIFFUSION: Use three to four drops in the diffuser of choice.

Food flavour use: Add one or two drops to food.

TOPICAL USE: Apply one to two drops to desired area. Dilute with a carrier oil to minimise any skin sensitivity.

See additional precautions to the right.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

PLANT PART: Wood

EXTRACTION METHOD:

Steam distillation

MAIN CHEMICAL COMPONENTS:

α -santalol β -santalol



Certified Pure Tested Grade

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