

# OREGANO

ORIGANUM VULGARE 15 ML

SKU: 30180004  
WHOLESALE: \$31.75  
RETAIL: \$42.33  
PV: 29.00

## PRIMARY BENEFITS



- OREGANO IS KNOWN FOR ITS CLEANSING PROPERTIES

## PRODUCT DESCRIPTION

Oregano is one of the most potent and powerful essential oils and has been used for centuries in traditional practices. The primary chemical components of Oregano is carvacol. Due to its high phenol content, caution should be taken when inhaling or diffusing Oregano; only one to two drops is needed. Additionally, Oregano should be diluted with a carrier oil when applied to the skin. Oregano is a popular cooking spice. Oregano's aroma acts as an enhancer and equaliser in essential oil blends.

## USES

- Put one drop in place of dried oregano in spaghetti sauce, pizza sauce, or on a roast.
- Put 10 drops in a 500mL spray bottle with water to add a refreshing and cleansing aroma to surface sprays

## DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Food additive use: Add 1 or 2 drops to food.

Topical use: Dilute one to two drops with a carrier oil then apply to desired area. See additional precautions below.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

**PLANT PART:** Leaf

**EXTRACTION METHOD:** Steam distillation

**AROMATIC DESCRIPTION:** Herbaceous, sharp, green, camphoraceous

**MAIN CHEMICAL COMPONENTS:** Carvacrol, thymol

