

dōTERRA TOUCH® MOTIVATE

Encouraging Blend 10 mL Roll-On

Fresh, clean, minty

Aromatic description

PRIMARY BENEFITS

- Formulated to help promote feelings of confidence, courage and belief
- An uplifting and positive aroma ideal to use in times when negative emotions are present

PRODUCT DESCRIPTION

dōTERRA Touch® Motivate is a blend of mint and citrus essential oils in fractionated coconut oil.

The fresh, minty aroma is formulated to help promote feelings of confidence, courage and belief. We all have setbacks in our lives, causing us to doubt ourselves or feel pessimistic.

With its invigorating scent dōTERRA Touch® Motivate may help you unleash your creative powers and find feelings of courage that comes from believing in yourself again.

USES

- Rub dōTERRA Touch® Motivate into your temples to set the tone for the day.

- Prime yourself for a day of hard work with a rub with dōTERRA Touch® Motivate on your wrists.
- Try applying to pulse points before participating in sporting events or other competitions.

DIRECTIONS FOR USE

TOPICAL USE: Apply to desired area.

See additional precautions below.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas. Avoid sunlight or

UV rays for up to 12 hours after applying product.

INGREDIENTS

Fractionated Coconut Oil, Peppermint Plant, Clementine Peel, Coriander Seed, Basil Herb, Yuzu Peel, Melissa Leaf, Rosemary Leaf, Vanilla Bean Absolute



Certified Pure Tested Grade

Except as indicated, all words with a trademark or registered trademark symbol are trademarks or registered trademarks of dōTERRA Holdings, LLC.

©2020 dōTERRA 18112019