

dōTERRA MOTIVATE® TOUCH

Encouraging Blend 10mL Roll-On

Fresh, clean, minty

Aromatic description

PRIMARY BENEFITS

- Provides a fresh, clean aroma that complements goal setting and affirmations.
- An uplifting and positive aroma ideal to use when experiencing low motivations, lack of confidence and want to shift to a positive mindset.

PRODUCT DESCRIPTION

dōTERRA Motivate® Touch is a refreshing and invigorating blend designed to inspire feelings of confidence, determination, and positivity. With a combination of invigorating essential oils like Peppermint, Clementine, and Basil, this blend helps energize both the mind and body, making it perfect for when you need a boost of motivation to power through challenges or start new projects.

Whether you're tackling a busy day at work, gearing up for a workout, or simply need to overcome a mental block, dōTERRA Motivate® Touch is your convenient go-to blend to help ignite inspiration and keep you focused on your goals. Its bright, refreshing scent can help shift your mindset, promoting clarity and persistence, making it an essential tool for anyone working on personal or professional growth.

USES

- Rub dōTERRA Motivate® Touch into your temples to set the tone for the day.
- Roll on pulse points before completing a daunting task.
- Use during creative pursuits or before a sporting event.

DIRECTIONS FOR USE

TOPICAL USE: Apply to desired area. See additional precautions below.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product. If pregnant or under a doctor's care, consult your physician. Possible skin sensitivity.

INGREDIENTS

Fractionated Coconut Oil, Peppermint, Wild Orange, Clementine, Lemon, Rosemary, Coriander, Basil, Spearmint, Lemongrass, Tonka Bean, Cardamom, Melissa, Vanilla Absolute



Certified Pure Tested Grade

Except as indicated, all words with a trademark or registered trademark symbol are trademarks or registered trademarks of dōTERRA Holdings, LLC.

©2025 dōTERRA 012025