

AUST L 395530  
AU SKU: 60222105



# MICROPLEX VMz®

## Food Nutrient Complex

Help boost your nutritional intake and wellbeing with dōTERRA Microplex VMz®.

In a world where convenience is king and calorie-rich food is all around, it's easy to indulge, while consuming less of the nutrients our body needs for optimal health. While nothing can replace a good and balanced diet, dōTERRA Microplex VMz® provides a comprehensive array of essential vitamins, nutrients and minerals that complements our modern diet, helping to maintain health and wellbeing.

### PRIMARY BENEFITS

dōTERRA Microplex VMz® provides essential vitamins, nutrients and minerals to support health and wellbeing. As part of its extensive benefits, dōTERRA Microplex VMz® is formulated to.

- Maintains health and general wellbeing
- Supports nutritional intake by providing essential vitamins, nutrients and minerals
- Maintain healthy bones
- Support healthy skin, hair and nails
- Maintain immune system health
- Reduce free radicals formed in the body
- Maintains collagen health
- Support energy levels
- Support connective tissue health

### PRODUCT DESCRIPTION

dōTERRA's Microplex VMz® Food Nutrient Complex is a formula of bioavailable vitamins and minerals that maybe deficient in our modern diets. Microplex VMz® also contains minerals including calcium, magnesium, and zinc, which play a role in the maintenance of healthy bone.

Microplex VMz® contains the dōTERRA tummy tamer botanical blend of Peppermint, Ginger and Caraway.

Microplex VMz® Food Nutrient Complex contains nutrients involved in the growth and function of cells. It provides a blend of essential antioxidant vitamins, C and

E; an energy complex of B vitamins in a glycoprotein matrix; and vitamin D. It also contains nutrients essential for carbohydrate, lipid and protein metabolism and the minerals Calcium, Magnesium and Zinc. Adequate dietary calcium is needed and throughout life to help maintain strong, healthy bones. Vitamin D helps calcium absorption and a diet deficient in calcium can lead to osteoporosis in later life.

Microplex VMz® provides vitamin and mineral, for times when dietary intake is insufficient. The formula is encapsulated in sodium lauryl-sulfate free capsules and does not contain wheat or milk products. It also contains the dōTERRA tummy tamer blend of Peppermint, Ginger and Caraway seed botanical extract.

Formulated to be used daily with Alpha CRS+ xEO Mega.

### DIRECTIONS FOR USE

**ADULTS:** Take 2 capsules twice daily, with food, or as directed by your healthcare professional.

Do not use if inner foil liner is missing or broken. Store below 25°C.

### 30 DAY GUARANTEE

If you purchase dōTERRA's Lifelong Vitality Pack, use it for 30 days, and are not satisfied with the results, you can return your product for full refund.

### TERMS AND CONDITIONS:

Must be a dōTERRA Wellness Advocate, Wholesale Customer or Retail Member to participate in offer.

Opened Lifelong Vitality Pack products can be returned within 45 days of purchase for a full refund. No refund will be issued for opened product received after 45 days.

Unopened, re-saleable product will follow the normal return policy.

Guarantee can only be redeemed once per membership.

Lifelong Vitality Pack that is purchased as part of a kit receive a full refund determined by kit pricing.



Certified Pure Tested Grade

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**ALWAYS READ THE LABEL AND FOLLOW THE DIRECTIONS FOR USE.  
READ WARNINGS BEFORE PURCHASE**

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## CAUTIONS

KEEP OUT OF REACH OF CHILDREN.  
Contains sucrose, glucose and sodium benzoate.

## INGREDIENTS:

### EACH CAPSULE CONTAINS:

Retinol Acetate (Vit. A 75 micrograms retinol equivalents)	86 microgram
Betacarotene	923 microgram
Thiamine Hydrochloride	841 microgram
Riboflavin (Vit. B2)	750 microgram
Nicotinamide (Vit. B3)	5 mg
Calcium Pantothenate (Pantothenic Acid 2.5 mg)	2.73 mg
Pyridoxine Hydrochloride (Pyridoxine 750 micrograms)	912 microgram
Calcium Folate (Folinic Acid 100 micrograms)	139 microgram
Cyanocobalamin (Vit. B12)	2.5 microgram
Biotin	75 microgram
Calcium Ascorbate Dihydrate (Ascorbic Acid 37.5 mg)	45.4 mg
Magnesium Ascorbate Monohydrate (Ascorbic Acid 12.5 mg)	13.9 mg
Total Ascorbic Acid (Vit. C)	50 mg
Colecalciferol (Vit. D 50IU)	1.25 microgram
d-alpha Tocopheryl Acid Succinate (Equiv. Vit. E 12.5IU)	10.3 mg
Phytomenadione (Vit. K1)	5 microgram
Calcium (from Calcified Lithothamnion Species 93.8 mg)	30 mg
Calcium (from Calcium Carbonate 226 mg)	90.5 mg
Chromium (from Chromium Nicotinate 140 micrograms)	12.5 microgram
Copper (from Copper Gluconate 893 micrograms)	125 microgram
Iron (from Iron (II) Glycinate 5.5 mg)	1.5 mg
Fucus vesiculosus (Bladderwrack) Whole Plant	15.6 mg
Powder (Containing Iodine 6.25 micrograms) Magnesium	37 mg
(from Magnesium Amino Acid Chelate	186 mg)
Manganese (from Manganese Amino Acid	125 microgram
Chelate 1.25 mg) Selenium (from Selenomethionine 43.5 micrograms)	17.5 microgram
Zinc (from Zinc Amino Acid Chelate 18.8 mg)	3.8 mg
Palm Tocotrienols Complex	96.5 microgram
Protease 3.066 Thousand HUT	
Lipase	37 LipU
Amylase	111 DU
Tilactase	69 ALU
Cellulase	55 CU
Petroselinum crispum (Parsley) Herb Powder	3.4 mg
Spinacia oleracea (Spinach) Leaf Powder	1.4 mg
Brassica oleracea var. viridis (Kale) Leaf Powder	5.6 mg
Brassica oleracea var. gemmifera (Brussel Sprout) Leaf Bud Powder	1.4 mg
Brassica oleracea var. capitata (Cabbage) Leaf Powder	1.4 mg

### HERBAL EXTRACTS EQUIV. TO DRY

Zingiber officinale (Ginger) 2.5 mg ext. dry conc.

Derived from dry root 50 mg

Mentha X piperita (Peppermint) 2.5 mg  
ext. dry conc.

Derived from dry leaf 10 mg

Taraxacum officinale (Dandelion) 3.4 mg  
ext. dry conc.

Derived from dry leaf 16.9 mg

Carum carvi (Caraway) ext. dry conc. 2.5 mg

Derived from dry seed 10 mg

Brassica oleracea var. italica 1.4 mg  
(Broccoli) ext. dry conc.

Derived from dry sprout 414 mg

### OTHER INGREDIENTS:

Microcrystalline Cellulose, Calcium Hydrogen Phosphate Dihydrate, Magnesium Stearate, Croscopidone, Silicon Dioxide and Croscarmellose Sodium, Acacia, Butylated hydroxytoluene, Citric acid, Colloidal anhydrous silica, Dextrin, dl-alpha tocopherol, Ethylcellulose, Gelatin, Glucose monohydrate, Maize starch, Maltodextrin, Medium chain triglycerides, Pea starch, Pregelatinised maize starch, Sodium alginate, Sodium benzoate, Sucrose, Tartaric acid.

### OTHER ENCAPSULATING AIDS:

Hypromellose, Purified



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