

# METAPWR®

Active Blend 15mL

*Citrusy, spicy, minty, sweet*

*Aromatic description*

## PRIMARY BENEFITS

- Creates an uplifting, stimulating environment.
- May have some metabolism effects.

## PRODUCT DESCRIPTION

Live your most active life with our MetaPWR® Active Blend. Developed with dōTERRA clinical researchers, this stimulating combination of CPTG® essential oils complements your wellness lifestyle.

Featuring our MetaPWR® proprietary blend of Grapefruit, Lemon, Peppermint, Ginger and Cinnamon Bark essential oils, our MetaPWR® Active Blend supports a healthy diet and exercise routine, with an invigorating citrusy, spicy and minty aroma. Our MetaPWR® Active Blend can be taken internally or diffused to energise your fitness routine.

## USES

- Diffuse or place a few drops on your hands, cup them over the nose, and inhale deeply to create a stimulating environment that's ideal for exercise.
- Add drops to a carrier oil or lotion during an uplifting massage.
- Take internally to help reduce hunger cravings.

## DIRECTIONS FOR USE

**DIFFUSION:** Add four drops in the diffuser of choice.

**INTERNAL:** Take four drops in eight 200mL of water.

**TOPICAL USE:** Apply one to two drops to desired area.

See additional precautions below.

## CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying product.

**INGREDIENTS:** Grapefruit, Lemon, Peppermint, Ginger, Cinnamon Bark.



Certified Pure Tested Grade

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