

AUST L 336054
AU SKU: 60214123



dōTERRA® MARJORAM

Origanum majorana herb top flowering oil essential 1 mL/mL

Warm, herbaceous, woody

Aromatic description

With a warm, herbaceous, and woody aroma, marjoram can help support general health and wellbeing.

PRIMARY BENEFITS

TRADITIONALLY USED IN
AROMATHERAPY TO:

- Maintain and support general health & wellbeing
- Relieve mild joint aches and pains
- Soothe & calm nerves
- Relieve headache symptoms

PRODUCT DESCRIPTION

Also known as 'wintersweet' or 'joy of the mountains', Marjoram was known to the Greeks and Romans as a symbol of happiness. In traditional aromatherapy practices, marjoram was used to help relieve mild pain, soothe the nerves and support overall health and wellbeing.

DIRECTIONS FOR USE

INHALATION: Use two to three drops in the diffuser of choice.

FOOD FLAVOUR USE: Add one or two drops to food.

Note: Use up to 3 times per day or as needed.

See additional precautions below.

WARNINGS

KEEP OUT OF REACH OF CHILDREN.
Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

PLANT PART: Leaf

EXTRACTION METHOD:
Steam distillation

MAIN CHEMICAL COMPONENTS:
Terpinen-4-ol, sabinene hydrate, γ -terpinene

TIPS FOR USE

Try replacing dried Marjoram with Marjoram essential oil in your next recipe that calls for it.

Diffuse to refresh the air with a rich herbaceous aroma. Blends well with Basil, Lemon, Cypress, Lavender and Rosemary essential oils.



Certified Pure Tested Grade

Except as indicated, all words with a trademark or registered trademark symbol are trademarks or registered trademarks of dōTERRA Holdings, LLC.
©2025 dōTERRA 052025

ALWAYS READ THE LABEL AND FOLLOW THE DIRECTIONS FOR USE.