

LEMON MYRTLE

BACKHOUSIA CITRIODORA 5 ML

SKU: 60204849



Certified Pure Tested Grade[®]

PRIMARY BENEFITS

- UPLIFTING TO THE SENSES.
- CALMING AND RELAXING AROMA.

PRODUCT DESCRIPTION

Native to Australia, lemon myrtle has long been used by Aboriginal and Torres Strait Islander people as part of their diet. Lemon Myrtle essential oil is distilled from the citrus scented leaves of the subtropical lemon myrtle plant. Lemon Myrtle essential oil has a calming and relaxing aroma.

USES

- Try diffusing for a calming and relaxing aroma.
- Add a drop of Lemon Myrtle essential oil to your water for a refreshing taste.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Food flavour use: Add 1 to 2 drops to food.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Avoid contact with eyes, inner ears, and sensitive areas. If you are pregnant, nursing, or under a doctor's care, consult your physician. Possible skin sensitivity.

PLANT PART: Leaf

EXTRACTION METHOD: Steam distillation

AROMATIC DESCRIPTION: Sweet, lemon, slightly herbal

MAIN CHEMICAL COMPONENTS: Citral (geranial and neral)

