

AUST L 489563
AUNZ SKU: 60230660



dōTERRA LAVENDER PEACE® SOFTGELS RESTFUL COMPLEX

60 vegetarian Softgels

PRIMARY BENEFITS

- Traditionally used in Western herbal medicine to maintain/support general health and wellbeing.
- Traditionally used in Western herbal medicine to decrease/reduce/relieve flatulence/carminative.
- Support healthy stress response in the body.
- Calms the mind.
- Aid/assist/helps mind relaxation.
- Decrease/reduce/relieve symptoms of stress.
- Traditionally used in Western herbal medicine to decrease/reduce/relieve symptoms of mild anxiety.
- Helps enhance/improve/promote/increase attention span.
- Maintain/support mental concentration/focus/clarity.
- Maintain/support cognitive function/mental function.
- Traditionally used in Western herbal medicine to decrease/reduce/relieve headache symptoms.
- Traditionally used in Western herbal medicine to nerve tonic.
- Maintain/support nervous system health.
- Traditionally used in Western herbal medicine to nerve/support nervous system.
- Maintain/support nervous system function.
- Decrease/reduce/relieve sleeplessness.



CP TG[®]
Certified Pure Tested Grade

Except as indicated, all words with a trademark or registered trademark symbol are trademarks or registered trademarks of dōTERRA Holdings, LLC.
©2025 dōTERRA 072025

AUST L 489563
AUNZ SKU: 60230660



dōTERRA LAVENDER PEACE® SOFTGELS RESTFUL COMPLEX

60 vegetarian Softgels

PRODUCT DESCRIPTION

The dōTERRA Lavender Peace® Softgels Restful Complex harness the power of traditional ingredients and the best of modern science to calm the mind and aid with relaxation. The hero ingredients of the complex are CPTG® Lavender essential oil, L-Theanine and Tart Cherry.

These principal components, along with the synergy of Lemon Balm, Passionflower and Chamomile, are designed to promote support for the nervous system and relieve sleeplessness.

The vegan friendly tapioca softgels make it easy to get the refreshing sleep you need without feeling groggy or sleepy the next day.

Harnessing the benefits of Traditional Western Herbal medicine, these softgels have a range of benefits.

dōTERRA Lavender Peace® Softgels Restful Complex are part of the 3-step sleep system which includes dōTERRA Lavender Peace® Stick and Valerian essential oil.

Combining the 3-step sleep system with smart sleep hygiene can help you get the rest you deserve.

DIRECTIONS FOR USE

Adults, to relieve sleeplessness:

Take 1-2 capsules, once daily, with water before sleep.

To support a healthy stress response and calm the mind:

Take 4 capsules, once daily, with water.

For traditional nerve tonic:

Take 1 capsule, once daily, with water.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN.

If symptom persist, talk to your health professional. Do not use if breastfeeding, pregnant or likely to become pregnant.

Store in a cool, dry place.

Always read the label and follow the directions for use.

INGREDIENTS:

EACH SOFT CAPSULE CONTAINS:

Lavandula angustifolia (Lavender) flowering herb top essential oil	80 mg
Theanine (Alphawave®)	50 mg
Prunus cerasus (Tart Cherry) powder	15 mg
Derived from fresh fruit flesh	750 mg
Melissa officinalis (Lemon Balm) ext. dry conc.	12 mg
Derived from dry herb	18 mg
Passiflora incarnata (Passionflower) ext. dry conc.	6.5 mg
Derived from dry herb flowering and fruiting	9.8 mg
Matricaria chamomilla (German Chamomile) ext. dry conc.	5 mg
Derived from dry flower	50 mg

OTHER INGREDIENTS:

Guar Gum, Lecithin (Sunflower), Acacia, Maltodextrin, Silicon Dioxide, Olive Oil, Calcium Carbonate, Modified Food Starch, Glycerol, Purified Water, Medium Chain Triglycerides.



CPTG®
Certified Pure Tested Grade

Except as indicated, all words with a trademark or registered trademark symbol are trademarks or registered trademarks of dōTERRA Holdings, LLC.
©2025 dōTERRA 072025