

dōTERRA BRAVE®

Courage Blend 10ml Roll-On

Warm citrus, floral, faintly spicy

Aromatic description

PRIMARY BENEFITS

- Energising and invigorating to the senses
- Ideal for use in conjunction with positive affirmations
- Try to help promote a confident, courageous atmosphere

PRODUCT DESCRIPTION

Begin each day with confidence. Whilst practicing your positive affirmations try pairing dōTERRA Brave® Courage Blend as part of your routine, roll onto the back of your neck and pulse points.

Wild Orange, Amyris, Osmanthus and Cinnamon Bark essential oils are combined with Fractionated Coconut Oil for quick and easy application.

With a bright and warm aroma, dōTERRA Brave® Courage Blend is the ideal blend when you're feeling unmotivated. Featuring the unique essential oil from Amyris Wood, dōTERRA Brave® Courage Blend helps to create a calm environment.

Before tackling life's big (or small) moments, try rolling dōTERRA Brave® Courage Blend onto the bottoms of your feet and/or backs of your hands and focus on courage and positivity, and believe that you can accomplish anything.

USES

- Comfortably use dōTERRA Brave® Courage Blend throughout the day to help encourage tranquility.
- Try dōTERRA Brave® before new or different situations when looking for an atmosphere of courage and confidence.

DIRECTIONS FOR USE

TOPICAL USE: Apply to desired area. See additional precautions below.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN UNDER 3 YEARS. Contains small parts. Possible skin sensitivity. If under a doctor's care, consult your physician. Keep out of eyes, inner ears, mouth and sensitive areas.

Avoid sunlight or UV rays for up to 12 hours after applying product. Immediately discontinue use if any skin irritation or sensitivity occurs.

INGREDIENTS

Wild Orange, Amyris, Osmanthus and Cinnamon essential oils in a base of Fractionated Coconut Oil.

Also available in the Kids Collection Kit.



Certified Pure Tested Grade

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dōTERRA CALMER®

Restful Blend 10ml Roll-On

Sweet, floral, soft woody

Aromatic description

PRIMARY BENEFITS

- Helps create a restful atmosphere at bedtime
- Relaxing, soothing and positive aroma

PRODUCT DESCRIPTION

dōTERRA Calmer® Restful Blend provides a serene aroma, ideal for a peaceful bedtime routine. Try rolling onto the bottoms of feet and the back of the neck.

Combining the soothing aromas of Lavender, Cananga, Buddha Wood and Roman Chamomile essential oils with the skin benefits of Fractionated Coconut Oil in a convenient roll-on.

Cananga and Buddha Wood essential oils help promote a relaxing aroma, ideal for the end day wind down. When it's time to rest your mind and body, try applying this blend to your wrists, take some deep breaths and relax.

USES

- Roll on to the back of the neck and chest before a restful night's sleep.

- Apply dōTERRA Calmer® Restful Blend to wrists at the end of day for its calming aroma.
- Apply to bottoms of feet before a restful night's sleep.

DIRECTIONS FOR USE

TOPICAL USE: Apply delicately to desired area with your school-aged (5+ years) children. Intended for use with adult supervision.

For external use only.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN UNDER 3 YEARS. Contains small parts. Possible skin sensitivity. If under a doctor's care, consult your physician. Keep out of eyes, inner ears, mouth and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product. Immediately discontinue use if any skin irritation or sensitivity occurs.

INGREDIENTS

Lavender, Cananga, Buddha Wood and Roman Chamomile essential oils in a base of Fractionated Coconut Oil.

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dōTERRA RESCUER®

Soothing Blend 10ml Roll-On

Woody, minty, floral

Aromatic description

PRIMARY BENEFITS

- Combine as part of a relaxing massage
- May be comforting and soothing to the skin
- May feel cooling to the skin when applied topically

PRODUCT DESCRIPTION

After a busy day of activity, apply dōTERRA Rescuer® Soothing Blend for a relaxing aroma, ideal when you have had a day full of activity. Copaiba, Lavender, Spearmint, and Zanthoxylum essential oils can help soothe and combined with Fractionated Coconut Oil provide additional skin benefits, when applied topically.

Roll dōTERRA Rescuer® on to your legs, hands, or shoulders after exercising or a long day of physical activity. dōTERRA Rescuer® has a fresh, yet calming aroma that is formulated to be soothing and comforting.

USES

- Try rolling dōTERRA Rescuer® Soothing Blend onto tired legs before bedtime or after strenuous activity.

- Apply to temples and back of the neck.
- Massage into shoulders, neck, and back for a comforting and soothing experience.

DIRECTIONS FOR USE

TOPICAL USE: Apply delicately to desired area with your school-aged (5+ years) children. Intended for use with adult supervision.

For external use only.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN UNDER 3 YEARS. Contains small parts. Possible skin sensitivity. If under a doctor's care, consult your physician. Keep out of eyes, inner ears, mouth, and sensitive areas. Immediately discontinue use if any skin irritation or sensitivity occurs.

INGREDIENTS

Copaiba, Lavender, Spearmint and Zanthoxylum essential oils in a base of Fractionated Coconut Oil.

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dōTERRA STEADY®

Grounding Blend 10ml Roll-On

Piney, fruity, soft woody

Aromatic description

PRIMARY BENEFITS

- Calming and balanced aroma
- May be soothing to the skin

PRODUCT DESCRIPTION

Perfect for daily use or as needed, dōTERRA Steady® Grounding Blend has a soft, inviting, and slightly fruity aroma, ideal for a soothing environment.

dōTERRA Steady® Grounding Blend draws on the unique benefits of essential oils such as Amyris, Balsam Fir, Coriander, and Magnolia with Fractionated Coconut Oil to help soothe the skin. Amyris and Balsam Fir are warm wood oils that are known for their calming and balanced aromas.

When feeling overwhelmed, try rolling dōTERRA Steady® Grounding Blend onto the back of your neck or wrists and take a deep breath, allowing your mood to find balance. dōTERRA Steady® Grounding Blend's calming aroma may also help soothe the skin, making it a great every day blend.

USES

- dōTERRA Steady® Grounding Blend's calming aroma may also help soothe the skin, making it a great every day blend.

- Try using dōTERRA Steady® Grounding Blend when searching for tranquility and peace of mind.
- Try applying to the back of the neck or bottoms of the feet after an event-filled day.

DIRECTIONS FOR USE

TOPICAL USE: Apply delicately to desired area with your school-aged (5+ years) children. Intended for use with adult supervision. For external use only.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN UNDER 3 YEARS. Contains small parts. Possible skin sensitivity. If under a doctor's care, consult your physician. Keep out of eyes, inner ears, mouth, and sensitive areas. Immediately discontinue use if any skin irritation or sensitivity occurs.

INGREDIENTS

Amyris, Balsam Fir, Coriander and Magnolia essential oils in a base of Fractionated Coconut Oil.

Also available in the Kids Collection Kit.



dōTERRA STRONGER®

Protective Blend 10ml Roll-On

Bright, sharp lemony, lightly herbal

Aromatic description

PRIMARY BENEFITS

- Soothing aroma
- Helps promote a healthy-skin appearance

PRODUCT DESCRIPTION

dōTERRA Stronger® Protective Blend evokes feelings of wellness and vitality, ideal when needed most. Featuring Cedarwood, Litsea, Frankincense and Rose essential oils combined with Fractionated Coconut Oil for quick and easy application.

This uniquely supportive blend is perfect when searching for inner resilience. Litsea, one of the main ingredients in dōTERRA Stronger® Protective Blend may help keep the skin healthy-looking and clean.

The aroma is refreshing to the senses and is an ideal blend when you are not feeling your best and looking for daily resilience. With the powerful benefits of wood and floral oils, dōTERRA Stronger® Protective Blend is a perfect essential oil blend for every day.

USES

- Helps promote feelings of wellness and vitality.
- Roll onto hands, knees, and feet after a long day of activity.

- May be soothing to the skin and a great blend to have on hand for extensive activities.
- Use dōTERRA Stronger® Protective Blend to help promote a healthy skin appearance.

DIRECTIONS FOR USE

TOPICAL USE: Apply delicately to desired area with your school-aged (5+ years) children. Intended for use with adult supervision.

For external use only.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN UNDER 3 YEARS. Contains small parts. Possible skin sensitivity. If under a doctor's care, consult your physician. Keep out of eyes, inner ears, mouth and sensitive areas.

Avoid sunlight or UV rays for up to 12 hours after applying product. Immediately discontinue use if any skin irritation or sensitivity occurs.

INGREDIENTS

Cedarwood, Litsea, Frankincense and Rose essential oils in a base of Fractionated Coconut Oil.

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dōTERRA THINKER®

Focus Blend 10ml Roll-On

Earthy, minty, herbal

Aromatic description

PRIMARY BENEFITS

- Uplifting aroma
- Formulated to help support when distractions are high

PRODUCT DESCRIPTION

Ideal for everyone, dōTERRA Thinker® Focus Blend is formulated to support when distractions are high and ideal when it's time to pay attention and refocus.

Combining Vetiver, Peppermint, Clementine and Rosemary essential oils with Fractionated Coconut Oil, this blend can be rolled onto your temples, wrists and the back of your neck.

Embracing the uplifting aroma of Clementine, dōTERRA Thinker® Focus Blend is herbal and slightly sweet, a unique aroma to create a supportive and positive environment, ideal for enhanced creativity, great for incorporating into your daily practices.

USES

- Keep on hand in your purse and mid afternoon or as required.
- Roll onto wrists or hands and inhale deeply.

- An uplifting positive aroma, ideal when looking for motivation or a positive influence.

DIRECTIONS FOR USE

TOPICAL USE: Apply delicately to desired area with your school-aged (5+ years) children. Intended for use with adult supervision.

For external use only.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN UNDER 3 YEARS. Contains small parts. Possible skin sensitivity. If under a doctor's care, consult your physician. Keep out of eyes, inner ears, mouth and sensitive areas.

Avoid sunlight or UV rays for up to 12 hours after applying product. Immediately discontinue use if any skin irritation or sensitivity occurs.

INGREDIENTS

Vetiver, Peppermint, Clementine and Rosemary essential oils in a base of Fractionated Coconut Oil.

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