

# JUNIPER BERRY

*Juniperus communis 5 mL*

*Balsamic, clean, woody, spicy*

*Aromatic description*

## PRIMARY BENEFITS

- Has a clean, woody, spicy yet calming and grounding aroma
- Acts as a natural skin toner
- Naturally cleansing and clarifying to the skin

## PRODUCT DESCRIPTION

Derived from the coniferous tree, Juniper Berry essential oil has a rich history of traditional uses and benefits. Aromatically Juniper Berry acts as a natural cleansing and clarifying agent to the skin. Juniper Berry acts as a natural skin toner and reduces the appearance of skin blemishes.

Juniper Berry essential oil has a woody, spicy, yet fresh but calming aroma.

## USES

- Add one to two drops to water or citrus drinks.
- Apply one drop to promote a clear, healthy looking complexion.
- Diffuse with citrus oils when looking to create a balancing and calming aroma.

## DIRECTIONS FOR USE

**DIFFUSION:** Use three to four drops in the diffuser of choice.

**FOOD FLAVOUR USE:** Add one or two drops to food.

**TOPICAL USE:** Apply one to two drops to desired area. Dilute with a carrier oil to minimise any skin sensitivity.

See additional cautions below .

## CAUTIONS

KEEP OUT OF REACH OF CHILDREN.

Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

**PLANT PART:** Berry

**EXTRACTION METHOD:**  
Steam distillation

**MAIN CHEMICAL COMPONENTS:**  
Neryl acetate, alpha pinene, γ-curcumene



Certified Pure Tested Grade

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