ISLAND MINT™

Summertime Blend 15 mL

Minty, fresh, citrus, woody

Aromatic description

PRIMARY BENEFITS

- Uplifting and Invigorating aroma
- Help promote feelings of calm

PRODUCT DESCRIPTION

Escape to a tropical oasis in the comfort of your home, or wherever you may be, with Island Mint™.

Try this summertime aromatic blend to set a positive and festive environment. With the classically sweet citrus combination of Lemon and Lime essential oils, complemented by fresh Peppermint and the unique depth of Spruce, this blend is perfectly balanced. Ideal when you are looking for renewal and centeredness.

Formulated to be invigorating to the senses, yet promoting feelings of calm, use this blend for an aromatic boost during your day. Channel you inner sunny paradise by diffusing our Island Mint[™] Summertime Blend.

USES

• Diffuse throughout the day for an uplifting aroma boost.

- Add to your diffuser jewellery or your favourite doTERRA diffuser to help create your own sunny paradise.
- Use on long road trips or a midday pick-me-up to help invigorate the senses.

DIRECTIONS FOR USE

DIFFUSION: Use three to four drops in the diffuser of your choice.

TOPICAL USE: Apply one to two drops to desired area. Dilute with a carrier oil to minimise skin sensitivity.

See additional precautions below.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. Avoid contact with eyes, inner ears, and sensitive areas. If you are pregnant, nursing or under a doctor's care, consult your physician. Avoid sunlight or UV rays for up to 12 hours after applying product. Application to the skin may increase sensitivity to sunlight.

INGREDIENTS

Lime, Distilled Lemon, Peppermint and Spruce essential oils





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