

## **HYGGETM**

Cozy blend 15mL

# Warm, woody, amber, citrusy

Aromatic description

#### **PRIMARY BENEFITS**

- · Provides a cozy, welcoming aroma
- Creates a relaxed, comforting space
- Makes any room more inviting

#### PRODUCT DESCRIPTION

It's looking out your window at the orange glow of a fading sunset or seeing the gentle smile of a good friend. It's collapsing in your favourite armchair after a long, hard day or the feel of a favourite fluffy comforter just out of the dryer.

It's the warm feeling of contentment you get enjoying life at home with treasured family and friends. Known in Nordic countries as Hygge, pronounced hoo-gah, this is the practice of finding joy in everyday moments. doTERRA captures this comfort and familiarity in a bottle with the Hygge Cozy Blend. Surround yourself with the aroma of fresh, fragrant oranges, warm and earthy woods, and sweet vanilla. Let the rich aroma of Hygge take you to a place of contentment. Delight in the little things. Simple pleasures are the best.

## **USES**

- Diffuse to create a warm and inviting environment.
- Blend with distilled water and witch hazel for a DIY room spray.

## **DIRECTIONS FOR USE**

DIFFUSION: Use three to four drops in the diffuser of choice.

## **CAUTIONS**

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying product.

SAFETY DIRECTIONS DO NOT SWALLOW. If swallowed do NOT induce vomiting. Avoid contact with skin.

FIRST AID: For advice, contact a Poisons Information Centre (e.g. phone Australia 13 11 26; New Zealand 0800 764 766) or a doctor at once. If swallowed do NOT induce vomiting.

### **INGREDIENTS**

Wild Orange, Cedarwood, Amyris, Frankincense, Myrrh, Cistus, Vetiver, Tonka Bean, and Vanilla

