dōTERRA TOUCH[®] HELICHRYSUM

Helichrysum italicum 10 mL Roll On

Herbaceous, honey, hay

Aromatic description

PRIMARY BENEFITS

- Best known for its topical properties
- Used in skin care products for its benefits to the skin

PRODUCT DESCRIPTION

A small perennial herb with narrow, silver leaves and flowers that form a cluster of golden yellow, ballshaped blossoms, *Helichrysum italicum* is best known for its topical properties.

The name "Helichrysum" is derived from the Greek "helios" which means sun and "chrysos" meaning gold, referring to the color of the flowers. Helichrysum has been used in herbal health practices since ancient Greece and the oil is highly valued and sought after for its many benefits.

Also referred to as "everlasting" or "immortal flower", Helichrysum is used in products for its benefits to the skin.

USES

- Apply topically to help the appearance of skin.
- Massage into the temples and the back of the neck for a soothing sensation.

DIRECTIONS FOR USE

TOPICAL USE: Apply to desired area. See additional precautions below.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas. **PLANT PART:** Flower

EXTRACTION METHOD: Steam distillation

MAIN CHEMICAL COMPONENTS: Neryl acetate, alpha pinene, γ-curcumene





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