

# GARDENIA TOUCH

*Gardenia florida 10mL Roll-on*

*Floral, sweet, delightful, oriental*

*Aromatic description*

## PRIMARY BENEFITS

- Invigorating to the senses when used in a massage
- Helps maintain the look of healthy skin

## PRODUCT DESCRIPTION

Gardenia is an elegant and beautiful flower with an exceptional fragrance and has been greatly cherished by the Chinese people since ancient times. As early as the Tang Dynasty, gardenia was gifted to Japan as a symbol of peace and friendship. The essential oil yield from steam-distilled gardenia flower is very low. Massive amounts of gardenia flowers are required to produce a small amount of gardenia essential oil. Like jasmine essential oil, the beautiful fragrance of the gardenia essential oil is also a valuable perfuming ingredient.

## USES

- Prior to applying facial care products, gently massage a small amount onto the skin to enhance skin health and moisture retention
- After washing your hair, dispense a small amount into the palm of the hand and apply onto hair and scalp for nourishment and moisture
- Apply to pulse points for a whole day of to experience a positive day
- Diffuse to promote feelings of peace and relaxation

## DIRECTIONS FOR USE

Diffusion: Roll on diffuser jewelry

Topical: Apply to desired area twice a day or as needed

## CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

## INGREDIENTS:

Fractionated coconut oil, gardenia flower

## MAIN CHEMICAL COMPONENTS:

Linalool



Certified Pure Tested Grade

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# OSMANTHUS TOUCH

*Osmanthus fragrans 10mL Roll-on*

*floral, sweet, fruity*

*Aromatic description*

## PRIMARY BENEFITS

- Comforting, sweet aroma
- Ideal as part of a revitalising massage
- Helps maintain the look of healthy skin

## PRODUCT DESCRIPTION

Cultivated in eastern Asia, osmanthus is a small evergreen shrub or small tree. It is in the same botanical family— Oleaceae—as jasmine and lilac. The tiny orange blossoms of the osmanthus plant are commonly used to enhance the flavour of green and black tea. Labour intensive and expensive to produce, it is often used in fine perfumes. The complex aroma of Osmanthus Touch is rich, sweet, and fruity with hints of apricot and pear. Comforting while meditating or practicing yoga and useful during a massage, the aroma of Osmanthus Touch can help create a calming environment. The Fractionated Coconut Oil in Osmanthus Touch helps hydrate the skin.

## USES

- Apply to the face to promote hydrated skin.
- Use as part of a full body massage.
- Apply to wrists and inhale for a positive aromatic experience.

## DIRECTIONS FOR USE

Aromatic Use: Roll on to diffusing jewelry, natural dolomite, or lava diffusing rocks.

Topical Use: Apply to desired area. See additional precautions below.

## CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

## INGREDIENTS:

Osmanthus extract in a base of Fractionated Coconut Oil

## MAIN CHEMICAL COMPONENTS:

trans- $\beta$ -Ionone



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# CHRYSANTHEMUM TOUCH

*chrysanthemum indicum 10mL*

*Herbal, Floral, Fruity*

*Aromatic description*

## PRIMARY BENEFITS

- Relaxing floral scent
- Beneficial to the skin

## PRODUCT DESCRIPTION

dōTERRA Chrysanthemum Touch combines Fractionated Coconut Oil with extract from the beautiful chrysanthemum flower. Believed to have originated in East Asia, chrysanthemum is a perennial plant with bright yellow flowers. Dried chrysanthemum flower has been a part of Chinese health practices for over 2,000 years. Use Chrysanthemum Touch as an enchanting personal fragrance or apply it topically on the skin for a calming and soothing sensation.

## USES

- Apply Chrysanthemum Touch for a calming and relaxing aroma
- Apply topically to help soothe the skin
- Add a few drops to sprays for antibacterial benefits

## DIRECTIONS FOR USE

Topical use: Apply one to two drops to desired area. See additional precautions below.

Diffusion: Use three to four drops in the diffuser of choice.

## CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

## INGREDIENTS:

Coconut Oil, Chrysanthemum Extract

## MAIN CHEMICAL COMPONENTS:

-phellandrene, p-cymene



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