



THERAPEUTIC RANGE

AUS ONLY SKU: 60213473
AUST L 336052

dōTERRA® EUCALYPTUS

Eucalyptus globulus leaf oil essential 1 mL/mL

Breathe easy with the cooling and clearing scent of Eucalyptus leaf oil.

Camphoraceous, airy

Aromatic description

With its distinctly cool and camphoraceous aroma, Eucalyptus leaf oil is traditionally used in Western herbal medicine to help alleviate cough and cold symptoms. It can also be used to aid mild rheumatic aches and pains. Our highly concentrated Eucalyptus leaf oil can be applied topically to affected areas or diffused to disperse the cool, clear and airy aromas.

PRIMARY BENEFITS

Eucalyptus globulus essential oil has been traditionally used in Western herbal medicine to reduce the severity of symptoms in mild upper respiratory tract infections, relieve cough and cold symptoms and aid mild rheumatic aches and pains.

INHALATION:

Traditionally used in Aromatherapy to:

- Relieve symptoms of common cold
- Relieve cough

TOPICAL:

Traditionally used in Western herbal medicine to:

- Reduce or relieve mild rheumatic aches and pains
- Stimulate blood flow to skin
- Reduce/ relieve the severity of symptoms of mild upper respiratory tract infection



THIS PRODUCT MAY NOT BE RIGHT FOR YOU. READ THE WARNINGS BEFORE PURCHASE. ALWAYS READ THE LABEL. USE ONLY AS DIRECTED. IF SYMPTOMS PERSIST SEE YOUR DOCTOR/HEALTHCARE PROFESSIONAL.



Certified Pure Tested Grade

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PRODUCT DESCRIPTION

Eucalyptus leaf essential oil is carefully steam-distilled from the oval-shaped leaves of the Eucalyptus (or gum) tree, resulting in a highly fragrant oil that has a distinctive camphoraceous and clearing aroma.

Native to Australia, Eucalyptus trees are towering evergreens that can grow in excess of 150 metres in height. The oil glands in the leaves of the eucalyptus tree produce the aromatic compounds that give us their unmistakable scent.

Eucalyptus essential oil can help alleviate cough and cold symptoms and is traditionally used in Western herbal medicine to reduce the severity of symptoms in mild upper respiratory tract infections. It can also help with mild rheumatic aches and pains. Our highly concentrated Eucalyptus leaf oil can be applied topically to affected areas or diffused to disperse the cool, clear and airy aromas.

DIRECTIONS FOR USE

Adults only. For inhalation and topical use only.

FOR INHALATION USE:

- Add 8 - 12 drops in a vaporiser and inhale deeply
- Add 8 - 12 drops to a bowl of hot water and inhale deeply
- Apply 1 - 2 drops onto a tissue, hold near nose and inhale

Use up to 3 times per day.

FOR TOPICAL USE:

Dilute 1-2 drops of oil with 2-4 drops of carrier oil and apply to affected area up to 3 times per day.

CAUTION:

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Adults only. If pregnant or under a Not to be taken. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

PLANT PART: Leaf

EXTRACTION METHOD:

Steam distillation

MAIN CHEMICAL COMPONENTS:

Eucalyptol, limonene, alpha-pinene



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