

# dōTERRA TOUCH® EASY AIR®

Clear Blend 10 mL Roll-On

*Minty, fresh, airy*

*Aromatic description*

## PRIMARY BENEFITS

- Cooling and soothing to the senses
- Calming aroma promotes a restful environment
- Equipped for seasonal threats

## PRODUCT DESCRIPTION

Experience a cooling sensation on inhalation of dōTERRA Easy Air® essential oil blend in a Touch version for quick topical application.

dōTERRA Touch® Easy Air® combines Fractionated Coconut Oil with Laurel Leaf, Peppermint, Eucalyptus, Tea Tree, Lemon, Cardamom, Ravintsara and Ravensara essential oils for a calming aroma on inhalation.

Apply topically to the chest, back, or bottom of feet before a restful sleep. May also be used before enjoying the outdoors.

dōTERRA Touch® Easy Air® with its convenient roll-on application can be applied anytime.

## USES

- A great blend to apply to the chest and feet during the winter months.
- Use before spending time outdoors, ideal for enjoying the environment.
- Rub on neck, chest, back, or bottom of feet before a restful sleep.

## DIRECTIONS FOR USE

TOPICAL USE: Apply to desired area.

See additional precautions below.

## CAUTIONS

KEEP OUT OF REACH OF CHILDREN.

Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.

## INGREDIENTS

Fractionated Coconut Oil, Laurel Leaf, Eucalyptus Leaf, Peppermint Plant, Melaleuca Leaf, Lemon Peel, Cardamom Seed, Ravintsara Leaf, Ravensara Leaf



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# dōTERRA TOUCH® FRANKINCENSE

*Boswellia Essential Oil 10 mL Roll-On*

*Warm, spicy, clean*

*Aromatic description*

## PRIMARY BENEFITS

- Helps promote feelings of relaxation when applied topically
- Helps reduce the appearance of skin imperfections
- Revitalises the appearance of the skin and makes skin feel smoother

## PRODUCT DESCRIPTION

dōTERRA Touch® Frankincense provides the renowned benefits of Frankincense essential oil in a convenient roll-on applicator.

Combined with Fractionated Coconut Oil, dōTERRA Touch® Frankincense is the must-have oil blend to keep on hand to help soothe skin, provide a calming feeling and balance emotions throughout the day.

In addition to being used frequently in meditation, Frankincense is used to help reduce the appearance of fine lines, wrinkles and skin imperfections.

dōTERRA Touch® Frankincense ensures the proper dose of this precious oil without over-dispensing due to its steel ball roll-on applicator.

## USES

- Rub dōTERRA Touch® Frankincense on your hands, neck or bottoms of feet for a soothing, warming effect.
- Apply topically to help reduce the appearance of skin imperfections.
- Massage on the temples throughout the day to balance the emotions and enable a calm contented feeling.
- Roll on pulse points and forehead during yoga or meditation.

## DIRECTIONS FOR USE

TOPICAL USE: Apply to desired area.

See additional precautions below.

## CAUTIONS

KEEP OUT OF REACH OF CHILDREN.  
Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

## INGREDIENTS

Fractionated Coconut Oil and Frankincense Resin



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# dōTERRA TOUCH® ICE BLUE®

*Athletic Blend 10 mL Roll-On*

*Minty, camphoraceous*

*Aromatic description*

## PRIMARY BENEFITS

- Soothing and cooling to the skin
- Comforting part of a massage

## PRODUCT DESCRIPTION

dōTERRA Touch® Ice Blue® combines Ice Blue® essential oil blend in a base of Fractionated Coconut Oil, which delivers soothing benefits to the skin in a diluted form. Packaged in a convenient roll-on, dōTERRA Touch® Ice Blue® can be used as a soothing massage.

Try rubbing onto your hands, wrists, shoulders and neck after exercising, lifting, or working long hours and experience its cooling and refreshing sensation.

## USES

- Massage onto legs before bedtime.
- Apply to feet and knees before and after exercise.

- Rub dōTERRA Touch® Ice Blue® on lower back muscles after a day of heavy lifting at work or during a move.

## DIRECTIONS FOR USE

TOPICAL USE: Apply to desired area.

See additional precautions below.

## CAUTIONS

KEEP OUT OF REACH OF CHILDREN.  
Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

## INGREDIENTS

Fractionated Coconut Oil, Wintergreen Leaf, Camphor Bark, Peppermint Plant, Ylang Ylang Flower, Helichrysum Flower, Blue Tansy Flower, Blue Chamomile Flower, and Osmanthus Flower.



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# dōTERRA TOUCH® LAVENDER

*Lavandula angustifolia 10 mL Roll-On*

*Powdery, floral, light*

*Aromatic description*

## PRIMARY BENEFITS

- Helps Soothe and soften the skin
- Calming and relaxing properties

## PRODUCT DESCRIPTION

Lavender is widely known for its calming and relaxing properties and ability to soothe and soften the skin. dōTERRA Touch® Lavender combines Lavender essential oil with Fractionated Coconut Oil to provide these same benefits to individuals who have delicate or sensitive skin.

Keep dōTERRA Touch® Lavender on hand to help soothe the skin, help reduce the appearance of skin imperfections or to promote a relaxing and a calming aroma.

dōTERRA Touch® Lavender can be applied to the temples, back of the neck, bottoms of feet or pulse points to experience its calming and grounding effects.

## USES

- Apply to the temples or back of the neck for a relaxing, calming aroma.
- Rub on the bottoms of feet to promote a relaxing and calming aroma before bedtime.
- Apply to soothe and soften the skin.

## DIRECTIONS FOR USE

TOPICAL USE: Apply to desired area. See additional precautions below.

## CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

## INGREDIENTS

Fractionated Coconut Oil and Lavender Flower/Leaf



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# dōTERRA TOUCH® ON GUARD®

*Protective Blend 10mL Roll-On*

*Warm, spicy camphoraceous, woody*

*Aromatic description*

## PRIMARY BENEFITS

- Equips for seasonal threats
- Provides an energising, uplifting aroma
- Cleansing to the skin

## PRODUCT DESCRIPTION

A proprietary blend of essential oils dōTERRA Touch® On Guard® provides a gentle and convenient application method for dōTERRA's proprietary On Guard® essential oil blend.

Perfect for the whole family, dōTERRA Touch® On Guard® can be applied topically to the chest and bottoms of feet when seasonal threats are high and to experience its energising, uplifting aroma.

The essential oils of Wild Orange, Clove, Cinnamon, Eucalyptus and Rosemary in this blend are known for their cleansing properties to the skin.

## USES

- Apply to chest or feet before spending time outdoors.
- Use on palms of hands as it is cleansing to the skin.
- Apply to wrists or pulse points for an energising aroma throughout the day.

## DIRECTIONS FOR USE

TOPICAL USE: Apply to desired area. Dilute with a carrier oil to minimise. See additional precautions below.

## CAUTIONS

KEEP OUT OF REACH OF CHILDREN. NOT TO BE TAKEN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.

FIRST AID: "For advice, contact a Poisons Information Centre (e.g. phone Australia 13 11 26; New Zealand 0800 764 766) or a doctor (at once)".

If swallowed, do NOT induce vomiting.

## INGREDIENTS

Fractionated Coconut Oil, Wild Orange Peel, Clove Bud, Cinnamon Leaf, Cinnamon Bark, Eucalyptus Leaf, and Rosemary Leaf essential oils



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# dōTERRA TOUCH® OREGANO

*Origanum vulgare 10mL Roll-On*

*Herbaceous, sharp, green camphoraceous*

*Aromatic description*

## PRIMARY BENEFITS

- Cleansing agent
- Ideal for delivering the benefits of Oregano essential oil
- helps Reduce the appearance of blemishes

## PRODUCT DESCRIPTION

Readily available in a Touch version, Oregano essential oil is one of the most powerful and potent essential oils available.

Carvacrol and thymol, the two main chemical components in Oregano essential oil, possess strong properties. Diluted with Fractionated Coconut Oil, dōTERRA Touch® Oregano is perfect for those with sensitive skin.

Apply to the bottoms of feet to deliver the benefits of Oregano essential oil or rub on skin or nails for its cleansing and clarifying properties.

dōTERRA Touch® Oregano delivers the benefits of Oregano essential oil in a gentle formula and convenient roll-on applicator.

## USES

- Rub on the bottoms of feet to deliver the benefits of Oregano essential oil.
- Apply to skin imperfections.
- Use to help cleanse skin and nails when needed.

## DIRECTIONS FOR USE

TOPICAL USE: Apply to desired area.

See additional precautions below.

## CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

## INGREDIENTS

Fractionated Coconut Oil and Oregano Leaf.

### MAIN CHEMICAL COMPONENTS:

Linalool



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# PEPPERMINT TOUCH

*Mentha piperita 10mL Roll-On*

*Minty, fresh, herbaceous*

*Aromatic description*

## PRIMARY BENEFITS

- Uplifting aroma, promotes a sense of focus
- Great for a cooling massage

## PRODUCT DESCRIPTION

Peppermint Touch contains Peppermint essential oil and Fractionated Coconut Oil to provide a multitude of benefits.

Its minty, fresh scent can be used topically throughout the day for its uplifting aroma.

Peppermint essential oil is known for its calming properties, and can support relaxed feelings when applied to the temples or the back of the neck. Peppermint Touch can be applied to these areas and anywhere on the body to provide a cooling massage.

## USES

- Rub on temples when studying or when waking for a refreshing morning boost.
- Massage oil onto back of neck for a cooling sensation and to enable calm, related feelings.

- Use with Lavender and Frankincense for a soothing massage.
- Apply before attending outdoor events.

## DIRECTIONS FOR USE

TOPICAL USE: Apply to desired area.

See additional precautions below.

## CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

## INGREDIENTS

Fractionated Coconut Oil,  
Peppermint Plant

### MAIN CHEMICAL COMPONENTS:

Linalool



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# dōTERRA TOUCH® TEA TREE

*Melaleuca alternifolia 10 mL Roll-On*

*Herbaceous, green, and leathery*

*Aromatic description*

## PRIMARY BENEFITS

- Cleansing and clarifying to the skin and nails
- Promotes a healthy looking complexion

## PRODUCT DESCRIPTION

Experience the soothing and cleansing properties of dōTERRA Touch® Tea Tree. Packaged in a convenient and smooth roll-on applicator, dōTERRA Touch® Tea Tree delivers the cleansing benefits of Tea Tree essential oil diluted in Fractionated Coconut Oil.

dōTERRA Touch® Tea Tree can be used to help cleanse and clarify the skin and nails and to support a healthy looking complexion. It can be used on the skin for its soothing properties and can be used after shaving or on the bottoms of feet for a cooling effect.

## USES

- Try applying to skin for its renowned cleansing qualities and to revitalise the appearance of skin.
- Apply after shaving to soothe and cool skin.

- Rub on fingernails and toenails after showering to cleanse and keep nails looking healthy.
- Roll on bottoms of feet and inside shoes for a fresh aroma and feeling.

## DIRECTIONS FOR USE

TOPICAL USE: Apply to desired area.

See additional precautions below.

## CAUTIONS

KEEP OUT OF REACH OF CHILDREN. NOT TO BE TAKEN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

## INGREDIENTS

Fractionated Coconut Oil and Melaleuca Leaf

### MAIN CHEMICAL COMPONENTS:

Citronellol, geraniol, nerol



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# ZENGEST™ TOUCH

*Essential Blend 10mL Roll-On*

(Formerly DigestZen®)

*Spicy, sweet, minty, liquorice*

*Aromatic description*

## PRIMARY BENEFITS

- Calming aroma, useful to have on hand when travelling
- Calming and comforting aroma for abdominal massage

## PRODUCT DESCRIPTION

ZenGest™ Touch Essential Blend is the perfect oil to have on hand at home, work or when travelling.

The calming aroma of ZenGest™ essential oil blend is combined with Fractionated Coconut Oil in ZenGest™ Touch for gentle topical application.

The essential oils of Anise, Peppermint, Ginger, Caraway, Coriander, Cardamom and Fennel are known for their soothing and settling aromas and have been combined especially for topical application.

## USES

- Apply to the stomach or bottoms of feet.
- Have on hand when flying or travelling.

## DIRECTIONS FOR USE

TOPICAL USE: Apply to desired area.  
See additional precautions below

## CAUTIONS

KEEP OUT OF REACH OF CHILDREN.  
Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

## INGREDIENTS

Fractionated Coconut Oil, Anise Seed, Peppermint Plant, Ginger Root, Caraway Seed, Coriander Seed, Cardamom Seed and Fennel Seed essential oils.

ZenGest™ Essential Blend formerly known as DigestZen®



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# ON GUARD<sup>®</sup> BEADLETS

## PRIMARY BENEFITS

- Freshens breath
- Provides a convenient consumption method for On Guard<sup>®</sup> Blend
- Convenient beadlets are perfect for traveling and on-the-go

## PRODUCT DESCRIPTION

dōTERRA's On Guard<sup>®</sup> Beadlets are an easy and convenient way to obtain the breath freshening benefits of On Guard<sup>®</sup> Essential Oil Blend.

Providing a flavourful dose of dōTERRA's proprietary blend of wild orange, clove, cinnamon, eucalyptus and rosemary, all contained in tiny vegetable beadlets that dissolve in the mouth to freshen breath.

Perfect for home use and while travelling – anytime, anywhere.

## DIRECTIONS FOR USE

Consume one beadlet as desired.

## CAUTIONS

KEEP OUT OF REACH OF CHILDREN.  
If you are pregnant, nursing, or under a doctor's care, consult your physician.

Store in a cool, dry place.

## INGREDIENTS

On Guard<sup>®</sup> Blend (Wild Orange, Clove Bud, Cinnamon Leaf, Cinnamon Bark, Eucalyptus and Rosemary), Coconut Oil, Palm Oil, Agar, Guar Gum, Glycerin, Sodium Alginate, Carrageenan, Xylitol.



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# PEPPERMINT BEADLETS

*Mentha piperita (125 beadlets per container)*

## PRIMARY BENEFITS

- Dissolve in mouth for a fresh, minty burst
- Convenient beadlets are perfect for travelling and on-the-go

## PRODUCT DESCRIPTION

Through a unique and exclusive process, dōTERRA has captured the unique benefits of Peppermint essential oil in the convenience of a soft vegetarian beadlet.

Each tiny beadlet delivers a refreshing burst of Peppermint as it dissolves in your mouth, while invigorating your senses as you breathe in the cooling aroma of pure Peppermint essential oil.

## USES

- Dissolve one beadlet in mouth for a fresh flavour burst.
- Take after meals for a refreshing flavour.

- Have a bottle on hand when travelling for a convenient breath refresher.

## DIRECTIONS FOR USE

Consume one beadlet as desired.

## CAUTIONS

KEEP OUT OF REACH OF CHILDREN.  
Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Store in a cool, dry place.

## INGREDIENTS

Peppermint Oil, Coconut Oil, Palm Oil, Agar, Guar Gum, Glycerin, Sodium Alginate, Carrageenan, Xylitol.



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