

# dōTERRA STEADY®

Grounding Blend 5mL

*Piney, fruity, soft, woody*

*Aromatic description*

## PRIMARY BENEFITS

- Helps create a balanced atmosphere with a calming aroma.
- Complements affirmations encouraging a grounded mood.

## PRODUCT DESCRIPTION

Perfect for daily use or as needed, dōTERRA Steady Grounding Blend has a soft, inviting, and slightly fruity aroma. Steady draws on the unique benefits of essential oils such as Amyris, Balsam Fir, Coriander, and Magnolia perfectly blended to promote feelings of calming. Amyris and Balsam Fir are warm wood oils that are evenly balanced by a hint of sweet Magnolia. When feeling overwhelmed, diffuse Steady allowing your mood to find balance. Steady is a great everyday blend.

## DIRECTIONS FOR USE

Diffuse during times of stress to help create feelings of calming and balance.

Diffuse to create a balanced ambiance.

For external use only.

## CAUTIONS

POSSIBLE SKIN SENSITIVITY.  
KEEP OUT OF REACH OF CHILDREN  
UNDER 3 YEARS OF AGE.

If under a doctor's care, consult your physician. Keep out of eyes, inner ears, mouth, and sensitive areas.

## INGREDIENTS

Amyris, Balsam Fir, Coriander, Magnolia essential oils.

