

dōTERRA HEATED MASSAGE BALLS

Make muscle recovery easier with our dōTERRA Heated Massage Balls.

PRODUCT DESCRIPTION

Experience the delightful blend of massage and soothing warmth by utilising dōTERRA Heated Massage Balls to target any part of your body.

Whenever you sense tightness, stiffness, or discomfort in your muscles, enjoy for instant relief. Highly beneficial for pre-workout warm-ups and post-workout recovery sessions.

Apply your essential oil of choice directly onto dōTERRA Heated Massage Balls after heating and massage in various areas, including your arms, neck, legs, back, feet, and hands.

DIRECTIONS FOR USE

Microwave oven heating instructions:

Ensure that the microwave oven is clean and turntable can rotate freely.

Recommended heating time with a 600W-800W microwave oven is 60 seconds.

Recommended heating time with 850W-1000W microwave oven is 45 seconds.

In the event of overheating, please leave and wait until cooled.

Only reheat when at room temperature.

ALTERNATE HEATING USAGE:

Submerge dōTERRA Heated Massage Balls in warm water for 1-2 minutes, dry with a towel before applying to the body.

Store in a cool, dry place after each use.

SPECIFICATIONS

- dōTERRA Heated Massage Balls: Silicone
- Size: 6.3cm
- Bag: Made of Neoprene

CLEANING

Wash by hand only, using cold or warm water with soap.

CAUTIONS

Do not apply essential oils to the massage balls before heating in the microwave.

Do not heat citrus essential oils. If heated some citrus essential oils may ignite.



Certified Pure Tested Grade

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