dōTERRA FORGIVE™
RENEWING BLEND 5ML

PRIMARY BENEFITS
• PROMOTES FEELINGS OF CONTENTMENT, RELIEF, AND PATIENCE
• HAS A SOOTHING AND CALMING EFFECT ON EMOTIONS

PRODUCT DESCRIPTION
Are you carrying a burden that grows heavier with time? Would you be better off just letting it go and facing a future unfettered by anger and guilt? When you are ready to move forward, dōTERRA Forgive Renewing Blend of tree and herb essential oils will help you discover the liberating action of forgiving, forgetting, and moving on. Start each of your tomorrows with feelings of relief and contentment with Forgive Renewing Blend.

USES
• Diffuse when meditating to promote calm emotions, creating a nurturing open environment
• Apply to pulse points and heart throughout the day to feel grounded and content.
• Have dōTERRA Forgive on hand throughout the day for when negative emotions arise from undesirable situations.

DIRECTIONS FOR USE
Diffusion: Use one to two drops in the diffuser of choice.
Topical use: Dilute one to two drops with a carrier oil then apply to desired area. See additional precautions below.

CAUTIONS
Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor’s care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.

INGREDIENTS: Spruce Leaf, Bergamot Peel, Juniper Berry Fruit, Myrrh Gum Resin, Arborvitae Wood, Nootka Tree Wood, Thyme Leaf, Citronella Herb
AROMATIC DESCRIPTION: Herbaceous, fresh, woody