

# dōTERRA CALMER®

*Restful Blend 10ml Roll-On*

*Sweet, floral, soft woody*

*Aromatic description*

## PRIMARY BENEFITS

- Helps create a restful atmosphere at bedtime
- Relaxing, soothing and positive aroma

## PRODUCT DESCRIPTION

dōTERRA Calmer® Restful Blend provides a serene aroma, ideal for a peaceful bedtime routine. Try rolling onto the bottoms of feet and the back of the neck.

Combining the soothing aromas of Lavender, Cananga, Buddha Wood and Roman Chamomile essential oils with the skin benefits of Fractionated Coconut Oil in a convenient roll-on.

Cananga and Buddha Wood essential oils help promote a relaxing aroma, ideal for the end day wind down. When it's time to rest your mind and body, try applying this blend to your wrists, take some deep breaths and relax.

## USES

- Roll on to the back of the neck and chest before a restful night's sleep.

- Apply dōTERRA Calmer® Restful Blend to wrists at the end of day for its calming aroma.
- Apply to bottoms of feet before a restful night's sleep.

## DIRECTIONS FOR USE

TOPICAL USE: Apply delicately to desired area with your school-aged (5+ years) children. Intended for use with adult supervision.

For external use only.

## CAUTIONS

KEEP OUT OF REACH OF CHILDREN UNDER 3 YEARS. Contains small parts. Possible skin sensitivity. If under a doctor's care, consult your physician. Keep out of eyes, inner ears, mouth and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product. Immediately discontinue use if any skin irritation or sensitivity occurs.

## INGREDIENTS

Lavender, Cananga, Buddha Wood and Roman Chamomile essential oils in a base of Fractionated Coconut Oil.

Also available in the Kids Collection Kit.



Certified Pure Tested Grade

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