

dōTERRA CALMER®

Restful Blend 5mL

Sweet, floral, soft, woody

Aromatic description

PRIMARY BENEFITS

- Creates a restful atmosphere at bedtime.
- Provides a relaxing and positive aroma.

PRODUCT DESCRIPTION

Calmer Restful Blend promotes a serene atmosphere, allowing bedtime to be a peaceful and welcomed experience. Combining the soothing properties of Lavender, Cananga, Buddha Wood, and Roman Chamomile essential oils, Calmer can be used as part of your nightly ritual. Cananga and Buddha Wood essential oils, unique to Calmer, create a restful atmosphere. When it's time to restore your mind and body diffuse Calmer to help create feelings of relaxation.

DIRECTIONS FOR USE

Diffuse before bed as part of a relaxing nightly ritual.
Diffuse at the end of the day as you let go of worry.
Diffuse to help unwind and relax.
For external use only.

CAUTIONS

POSSIBLE SKIN SENSITIVITY.
KEEP OUT OF REACH OF CHILDREN UNDER 3 YEARS OF AGE.
If under a doctor's care, consult your physician. Keep out of eyes, inner ears, mouth, and sensitive areas.

INGREDIENTS

Lavender, Cananga, Buddha Wood, Roman Chamomile essential oils.

