# doterra brave®

Courage Blend 5mL

Warm citrus, floral, spicy

Aromatic description

# **PRIMARY BENEFITS**

- Provides an invigorating aroma
- Complements positive affirmations in stressful situations
- · Creates a confident, courageous atmosphere

#### **PRODUCT DESCRIPTION**

dōTERRA Begin each day with confidence and belief by pairing Brave Courage Blend with your positive affirmation practice. Allow yourself to reset when experiencing feelings of doubt and stress by diffusing Brave to help invoke feelings of confidence. Wild Orange, Amyris, Osmanthus, and Cinnamon Bark, Brave is essential to your day. With a bright and warm aroma, Brave is the perfect blend when you're feeling unmotivated. Featuring the unique essential oil from Amyris Wood, Brave can help create a calm environment. Before tackling life's big (or small) moments, diffuse Brave with thoughts of courage and positivity and with the reassurance that you can accomplish anything.

## DIRECTIONS FOR USE

Diffuse throughout the day to encourage tranquility. Diffuse before new or different situations for an atmosphere of courage and confidence. For external use only.

#### **CAUTIONS**

POSSIBLE SKIN SENSITIVITY. KEEP OUT OF REACH OF CHILDREN UNDER 3 YEARS OF AGE.

If under a doctor's care, consult your physician. Keep out of eyes, inner ears, mouth, and sensitive areas.

## **INGREDIENTS**

Wild Orange, Amyris, Osmanthus, Cinnamon.





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