

AUNZ KIT SKU: 60205396
(ONLY AVAILABLE IN YOGA COLLECTION)

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dōTERRA Affirm®

Centering Blend 5 mL

Green, fresh, herbal, lightly floral

Aromatic description

PRIMARY BENEFITS

- Supports effective yoga practice
- Try dōTERRA Affirm® to help a Promote feelings of self-acceptance, trust and fluidity.
- Ideal for encouraging harmony and calm progress

PRODUCT DESCRIPTION

Feeling disconnected and unable to control your circumstances? Aromatherapy and some simple centering yoga poses can create a new sense of peace and purpose, leading to a renewal of resolution.

Remembering your own worth and remaining steady in yourself is a daily practice. Featuring Bergamot, Coriander, Marjoram, Peppermint, Jasmine absolute and Rose essential oils in a base of Fractionated Coconut Oil, dōTERRA Affirm® Centering Blend helps you to trust in yourself and stay open to all possibilities.

USES

- Apply over heart, wrists, and back of neck to help promote feelings of self-acceptance and fluidity.

- Enjoy the aromatic benefits of dōTERRA Affirm® whenever you are feeling apathetic and unfocused.
- Ideal yoga poses with dōTERRA Affirm®'s aroma are Warrior II, Triangle, and Gate pose.
- Can be used during yoga practice or any time during your day.

DIRECTIONS FOR USE

DIFFUSER USE: Apply several drops to diffusing jewellery, natural dolomite or lava diffusing rocks.

TOPICAL USE: Apply one to two drops to desired area.

See additional precautions to the right.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

INGREDIENTS

Bergamot Fruit, Coriander Seed, Marjoram Leaf, Peppermint, Geranium, Basil, Rose, Jasmine Flower essential oils in a base of Fractionated Coconut Oil



Certified Pure Tested Grade

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