

DigestZen™

Essential Blend 5mL

Spicy, sweet, minty, liquorice

Aromatic description

PRIMARY BENEFITS

- Add to two drops to water with/after/before food to promote a feeling of satisfaction after eating

PRODUCT DESCRIPTION

DigestZen™ contains ingredients that can be added to flavour food. This selected blend contains Ginger, Fennel and Coriander essential oils, which have been used in foods throughout the world for centuries.

DigestZen™ is great to have on hand. The essential oils of Anise, Peppermint, Ginger, Caraway, Coriander, Tarragon and Fennel are also known for their soothing and settling aromas when inhaled.

USES

- Add one or two drops to water or food for flavouring.
- Diffuse before flying or taking a road trip for a calming aroma.

DIRECTIONS FOR USE

DIFFUSION: Use three to four drops in the diffuser of choice.

FOOD FLAVOUR USE: Add one or two drops to food.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN.
Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

INGREDIENTS

Anise Seed, Peppermint Plant, Ginger Root, Caraway Seed, Coriander Seed, Tarragon Plant and Fennel Seed essential oils



Certified Pure Tested Grade

Except as indicated, all words with a trademark or registered trademark symbol are trademarks or registered trademarks of dōTERRA Holdings, LLC.

©2025 dōTERRA 092025