

# **DIGESTZEN®**



## PRIMARY BENEFITS

• ADD TO TWO DROPS TO WATER WITH / AFTER / BEFORE FOOD TO PROMOTE A FEELING OF SATISFACTION AFTER EATING

## PRODUCT DESCRIPTION

DigestZen® contains ingredients that can be added to flavour food. This selected blend contains Ginger, Fennel, and Coriander essential oils, flavours which have been used in foods throughout the world for centuries. DigestZen® is great to have on hand. The essential oils of Anise, Peppermint, Ginger, Caraway, Coriander, Tarragon, and Fennel are also known for their soothing and settling aromas when inhaled.

#### USES

- Add 1-2 drops to water or food for flavouring.
- Diffuse before flying or taking a road trip for a calming aroma.

## **DIRECTIONS FOR USE**

Diffusion: Use three to four drops in the diffuser of choice.

Food flavour use: Add 1 or 2 drops to food.

### **CAUTIONS**

KEEP OUT OF REACH OF CHILDREN. Avoid contact with eyes, inner ears, and sensitive areas. If you are pregnant, nursing, or under a doctor's care, consult your physician. Possible skin sensitivity.

INGREDIENTS: Anise Seed, Peppermint Plant, Ginger Root, Caraway Seed, Coriander Seed, Tarragon Plant, and Fennel Seed essential oils. AROMATIC DESCRIPTION: Spicy, sweet,

minty, liquorice

