

COPAIBA

Copaifera essential oil 15 mL

Spicy, woody

Aromatic description

PRIMARY BENEFITS

- Creates a calming atmosphere when diffused
- Promotes the appearance of clear, smooth skin and reduces the appearance of blemishes

PRODUCT DESCRIPTION

Copaiba essential oil is derived from the resin of the copaiba tree which can grow upwards of more than 30 metres and can be found in tropical South America.

Copaiba oil is widely used in cosmetic products including soaps, creams, lotions and perfumes. Since the 16th century, copaiba essential oil has been utilised in traditional health practices by the natives of north and northeastern Brazil.

Similar to Black Pepper essential oil, Copaiba essential oil is soothing and calming to the emotions and can be applied topically when combined with a carrier oil to promote the appearance of a clear, smooth complexion.

USES

- Add one to two drops to water, tea or food.
- Diffuse aromatically to create a calming atmosphere

- Apply topically combined with a carrier oil or a facial moisturiser to promote the appearance of a clear, smooth complexion and to help reduce the appearance of blemishes

DIRECTIONS FOR USE

DIFFUSION: Use three to four drops in the diffuser of choice.

FOOD FLAVOUR: Add one or two drops to food.

TOPICAL USE: Dilute one to two drops with a carrier oil, then apply to desired area.

See additional precautions below

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

PLANT PART:

Resin from *Copaifera reticulata*, *officinalis*, *coriacea* and *langsdorffii*

EXTRACTION METHOD:

Steam distillation

MAIN CHEMICAL COMPONENTS:

Caryophyllene



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COPAIBA SOFTGELS

Copaiba Oil 135 mg

PRIMARY BENEFITS

- Copaiba oil has traditionally been used in Western Herbal medicine to:
 - Support general health and wellbeing
 - Clear respiratory tract mucous
 - Reduce or relieve bronchial mucous congestion
 - Relieve burning sensation upon urination associated with medically diagnosed cystitis
 - Support urinary tract health
 - Maintain/support waste elimination via the mucous membranes
- Vegetarian soft gels
- Carrageenan free

PRODUCT DESCRIPTION

Copaiba Softgels contain Copaiba essential oil, which is produced from the resin of Brazilian *Copaifera Lansdorfii*.

Copaiba oil has traditionally been used in Western Herbal medicine to support general health & wellbeing, urinary tract health and to relieve burning sensation upon urination associated with medically diagnosed cystitis.

It is also used in traditional Western herbal medicine to clear respiratory tract mucous and reduce bronchial mucous congestion.

DIRECTIONS FOR USE

Adults, take 2 capsules daily, with food, or as directed by your healthcare professional.

Do not use if inner foil liner is missing or broken. Store below 25°C.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN.

If pain or irritation persists for more than 48 hours, consult your doctor. The presence of blood in the urine warrants immediate medical attention. *

INGREDIENTS

Copaiba Oil 135mg.

ALWAYS READ THE LABEL. USE ONLY AS DIRECTED. IF SYMPTOMS PERSIST SEE YOUR DOCTOR/ HEALTHCARE PROFESSIONAL



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YELLOW MANDARIN

Citrus nobilis 5mL

Citrusy, zesty

Aromatic description

PRIMARY BENEFITS

- Uplifting and refreshing aroma when diffused
- Adds a uniquely floral sweet refreshing flavour to food

PRODUCT DESCRIPTION

Mandarin is a small evergreen tree with a single trunk and many thin, drooping branches. Often confused with Tangerine, the Mandarin orange is a variety in the same Rutaceae family.

Mandarin fruit peels are used to make three different Mandarin essential oils. The oil produced depends on the ripeness of the fruit. Green Mandarin comes from early fruit that is still green, Red Mandarin comes from completely ripened fruit, and Yellow Mandarin comes from fruit in the middle of the ripening stage.

Yellow Mandarin essential oil from cold pressed semi-ripe fruit peel is the most floral of all mandarin oils. It has a positively delicious and uplifting aroma.

USES

- Diffuse anytime, ideal when wanting to create an elevating yet relaxing atmosphere.
- Add one or two drops to recipes requiring citrus flavouring, for a unique, floral citrus taste.

DIRECTIONS FOR USE

DIFFUSION: Use three to four drops in the diffuser of choice.

FOOD FLAVOUR USE: Add one or two drops to food or drink.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN.
Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas. In case of skin contact, application to the skin may increase sensitivity to sunlight and UV rays for at least 12 hours.

PLANT PART: Peel

EXTRACTION METHOD:
Cold pressed

MAIN CHEMICAL COMPONENTS:
Limonene, γ -terpinene



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