COAST

Ocean Blend 15mL

Delightful, Relaxing, Grounding, Uplifting

Aromatic description

PRODUCT DESCRIPTION

The beach in a bottle. doTERRA's Coast Ocean Blend was inspired by the beautiful warm Australian and New Zealand summer beaches.
Featuring a unique combination of powerhouse CPTG® essentials oils such as Lemongrass and Lemon Eucalyptus for their uplifting and mood enhancing benefits, Douglas Fir & Cedarwood for their relaxing and grounding properties, and Magnolia for its calming and relaxing qualities, this coastal aromatic blend will help you feel like you've spent a day at the beach without ever leaving your home.

Exclusively for Australia and New Zealand, doTERRA's Coast Ocean Blend was expertly crafted to provide an evocative and expansive aroma to ground, uplift and calm your soul.

USES

- Diffuse Coast Ocean Blend for a grounding and relaxing atmosphere
- Diffuse during meditation or yoga to enhance your practice
- Diffuse to enjoy a grounding and mood enhancing coastal aroma while at home, on the road, or at work

DIRECTIONS FOR USE

Add 3-8 drops in your dōTERRA diffuser for a Coastal aromatic experience.

For aromatic use only.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

INGREDIENTS

Citrus aurantium dulcis (Orange)
Peel Oil, Amyris balsamifera (Amyris)
Bark Oil, Eucalyptus citriodora
(Lemon Eucalyptus) Oil, Juniperus
virginiana (Cedarwood) Wood Oil,
Coriandrum sativum (Coriander) Seed
Oil, Pseudotsuga menziesii (Douglas
Fir) Branch/Leaf Oil, Cymbopogron
flexosus (Lemongrass) Oil, Michelia
alba (Magnolia Flower) Flower Oil,
Zanthoxylum schinifolium (Pepper
Sichuan) Fruit Extract, Barosma
betulina (Bucchu Aged) Leaf Oil





ROSALINA

Melaleuca ericifolia 5mL

Camphorous and lemony

Aromatic description

PRIMARY BENEFITS

- · Camphorous and lemony aroma
- · Bright and refreshing aroma, ideal aroma for a rainy day

PRODUCT DESCRIPTION

Rosalina (*Melaleuca ericifolia*) also known as the Swamp Paperbark, is native to Eastern Australia.

It's a small to medium-sized tree, growing up to 9 metres tall and found along creeks and river flats and in swamps in Eastern and cooler parts of Australia.

Rosalina has creamy white flowers that flower mainly in spring. Rosalina essential oil is distilled from the leaf of the plant and has different properties and constituents to other melaleuca oils. It has a camphorous and lemony aroma.

USES

- Start your day with the distinct and refreshing lemony aroma.
- Try diffusing three to four drops in the diffuser. Blends well with Bergamot and Lavender essential oils.
- Dilute in a carrier oil and use as part of an invigorating aromatic massage.

DIRECTIONS FOR USE

AROMATIC: Add three to four drops to your diffuser.

TOPICAL USE: Dilute one drop in two drops of carrier oil to minimise skin sensitivity.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

INGREDIENTS:

Melaleuca ericifolia (Rosalina) Leaf Oil

MAIN CHEMICAL COMPONENTS:

Eucalyptol, α -pinene, Linalool



