

# **BUDDHA WOOD**

EREMOPHILA MITCHELLII 5 ML

SKU: 60208531



#### PRIMARY BENEFITS

- EARTHY, WOODY AND MASCULINE AROMA
- GREAT FOR A SOOTHING AND CALMING MEDITATION
- WOODY, SMOKEY AROMA IDEAL TO ADD TO YOUR MOISTURISER

#### PRODUCT DESCRIPTION

Buddha wood is a small tree that grows traditionally in the grazing land of eastern Australia. This sturdy shrub was traditionally used by the Aboriginal Peoples of Australia. Uniquely, Buddha Wood essential oil is predominantly made of the bicyclic sesquiterpenes known as eremophilones. Also known as Australian Desert Rosewood, many compare the aroma and benefits of Buddha Wood essential oil to common Sandalwood, although the chemistry and aroma differ. With more prominent balsamic and smoke notes, Buddha Wood has been commonly used in personal fragrances—often for men. Use Buddha Wood as part of your soothing, calming meditative practice, or try after physical activity.

#### USES

- Create a soothing massage by combining one to two drops with doTERRA Fractionated Coconut Oil.
- Blend with citrus or floral oils in a roller bottle or your favorite doTERRA diffuser to create an invigorating, yet earthy aromatic experience.
- Add a few drops of Buddha Wood to your daily doTERRA moisturiser for an enhanced aromatic daily moisture.

## **DIRECTIONS FOR USE**

Diffusion: Use three to four drops in the diffuser of your choice.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimise any skin sensitivity. See additional precautions below.

#### **CAUTIONS**

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. Avoid contact with eyes, inner ears, and sensitive areas. If you are pregnant, nursing, or under a doctor's care, consult your physician.

PLANT PART: WOOD

EXTRACTION METHOD: STEAM DISTILLATION

AROMATIC DESCRIPTION: BALSAMIC, WOODY, LEATHERY

MAIN CHEMICAL COMPONENTS: EREMOPHILONE,

8-HYDROXY-EREMOPHILONE





# *dōTERRA TEA TREE TOUCH*

SKU: 60201226



MELALEUCA ALTERNIFOLIA 10 ML ROLL-ON

#### PRIMARY BENEFITS

- CLEANSING AND CLARIFYING TO THE SKIN AND NAILS.
- PROMOTES A HEALTHY LOOKING COMPLEXION

#### PRODUCT DESCRIPTION

Experience the soothing and cleansing properties of dōTERRA Tea Tree Touch. Packaged in a convenient and smooth roll-on applicator, Tea Tree Touch delivers the cleansing benefits of Tea Tree essential oil diluted in Fractionated Coconut Oil. Tea Tree Touch can be used to help cleanse and clarify the skin and nails and to support a healthy looking complexion. Tea Tree Touch is frequently used on the skin for its soothing properties and can be used after shaving or on the bottoms of feet for a cooling effect.

#### **USES**

- Try applying to skin, renowned for its cleansing qualities and to revitalise the appearance of skin.
- Apply after shaving to soothe and cool skin.
- Rub on fingernails and toenails after showering to cleanse and keep nails looking healthy.
- Roll on bottoms of feet and inside shoes for a fresh aroma and feeling.

#### **DIRECTIONS FOR USE**

Topical use: Apply to desired area. See additional precautions below.

### **CAUTIONS**

KEEP OUT OF REACH OF CHILDREN. NOT TO BE TAKEN. Possible skin sensitivity. Avoid contact with eyes, inner ears, and sensitive areas. If pregnant or under a doctor's care, consult your physician.





# **dōTERRA TOUCH® ICE BLUE®**

SKU: 60201187



ATHLETIC BLEND 10 ML ROLL-ON

#### PRIMARY BENEFITS

- SOOTHING AND COOLING TO THE SKIN
- COMFORTING PART OF A MASSAGE

#### PRODUCT DESCRIPTION

dōTERRA Touch® Ice Blue® combines Ice Blue essential oil blend in a base of Fractionated Coconut Oil, which delivers soothing benefits to the skin in a diluted form. Packaged in a convenient roll-on, dōTERRA Touch® Ice Blue® can be used as a soothing massage. Try rubbing dōTERRA Touch® Ice Blue® on your hands, wrists, shoulders, and neck after exercising, lifting, or working long hours. Experience the cooling and refreshing sensation of dōTERRA Touch® Ice Blue®.

#### **USES**

- Massage doTERRA Touch® Ice Blue® onto legs before bedtime.
- Apply on feet and knees before and after exercise.
- Rub Ice Blue on lower back muscles after a day of heavy lifting at work or during a move.

#### **DIRECTIONS FOR USE**

Topical use: Apply to desired area. See additional precautions below.

## CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Avoid contact with eyes, inner ears, and sensitive areas. If you are pregnant, nursing, or under a doctor's care, consult your physician. Possible skin sensitivity.

INGREDIENTS: Fractionated Coconut Oil, Wintergreen Leaf, Camphor Bark, Peppermint Plant, Ylang Ylang Flower, Helichrysum Flower, Blue Tansy Flower, Blue Chamomile Flower, and Osmanthus Flower.

AROMATIC DESCRIPTION: Minty, camphoraceous

