

# AROMATOUCH®

*Spa Blend 5 mL*

*Clean, fresh, mint, powdery*

*Aromatic description*

## PRIMARY BENEFITS

- Comforting and relaxing
- Relax and feel invigorated
- Adds an aromatic experience to a soothing massage

## PRODUCT DESCRIPTION

AromaTouch®, dōTERRA's proprietary massage blend, brings together the unique benefits of essential oils known for their relaxing and comforting properties.

A combination of Cypress, Peppermint, Marjoram, Basil, Grapefruit and Lavender essential oils make a perfect blend that adds many important benefits to various massage techniques.

This popular blend is a vital part of the dōTERRA AromaTouch® Technique, an aromatic experience for applying essential oils to the whole-body.

## USES

- Apply to neck and shoulders or use with carrier oil for massage.
- Give your loved one a hand massage using AromaTouch® essential oil blend and the hand technique.
- Add to Epsom salts and enjoy soaking in a hot bath.

## DIRECTIONS FOR USE

TOPICAL USE: Apply one to two drops to desired area. Dilute with a carrier oil to minimise any skin sensitivity.

See additional precautions below.

## CAUTIONS

KEEP OUT OF REACH OF CHILDREN.

Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying product.

## INGREDIENTS

Cypress Leaf, Peppermint Plant, Marjoram Leaf, Basil Leaf, Grapefruit Peel, Lavender Flower essential oils.



Certified Pure Tested Grade

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