dōTERRA ADAPTIV™
Tranquil Blend 15 mL

TRANQUIL
Aromatic description: Sweet, citrusy, floral

Stay calm and collected with dōTERRA Adaptiv™
Pairing the calming properties of Lavender, Magnolia, Neroli and Sweetgum essential oils with the uplifting energies of Wild Orange and Spearmint essential oils, dōTERRA Adaptiv™ is here to support your body, mind and spirit through life’s more stressful moments.

PRODUCT DESCRIPTION
When life’s activities seem relentless and you are searching for a new perspective, why not try dōTERRA Adaptiv™ Tranquil Blend?

dōTERRA Adaptiv™ Tranquil Blend combines the calming aromas of Lavender, Magnolia, Neroli and Sweetgum with the uplifting aromas of Wild Orange and Spearmint essential oils. In addition, the topical benefits of Copaiba mean dōTERRA Adaptiv™ Tranquil Blend can be enjoyed both topically and aromatically.

No matter how you are feeling, include dōTERRA Adaptiv™ Tranquil Blend as part of your toolbox to help support a balanced mind and body.

USES
• Soak in a relaxing Epsom Salts bath by adding three to four drops in a teaspoon of carrier oil (i.e., fractionated coconut oil) to the bath water with Epsom Salts as desired.
• Mix three drops with Fractionated Coconut Oil for a soothing massage.
• Diffuse for a soothing and uplifting aroma.
• Apply one drop to hands, rub together and inhale deeply as needed throughout the day.

DIRECTIONS FOR USE
DIFFUSION:
Use three to four drops in the diffuser of choice.

TOPOCAL USE:
Apply one to two drops to desired area.

See additional precautions below

CAUTIONS
KEEP OUT OF REACH OF CHILDREN. NOT TO BE TAKEN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor’s care consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying product.

INGREDIENTS
Wild Orange, Lavender, Copaiba, Spearmint, Magnolia, Rosemary, Neroli and Sweetgum essential oils