

# PALMAROSA

CYMBOPOGON MARTINII 5 ML



Certified Pure Tested Grade

## PRIMARY BENEFITS

- Soft and floral aroma
- Provides a comforting, yet stimulating aroma, when used as part of a massage.
- Ideal support for your clean and healthy-looking skin

## PRODUCT DESCRIPTION

Palmarosa essential oil has a bright and cleansing aroma that smells slightly sweet and floral. Though its name, Palmarosa, makes it sound like it might be a tree or a rose plant, Palmarosa essential oil actually comes from a grass that is dried then steam distilled to create this, clear to pale yellow essential oil. As a grass that can grow almost 30 metres tall, and with its bright, shining aroma, it's no wonder the plant requires abundant sunshine to grow. Palmarosa essential oil contains geraniol, which is one of the same primary aroma constituents in Rose essential oil.

## USES

- Diffuse anytime to create a welcoming aroma.
- Dilute in a carrier oil as part of a relaxing massage.
- Add a drop to your daily facial routine to help support your skin's youthful look.

## DIRECTIONS FOR USE

Diffusion: Add a few drops to your favorite dōTERRA diffuser.

Topical use: Apply to desired area by diluting 1 drop of essential oil to 2 drops carrier to minimise skin sensitivity. See additional precautions below.

## CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

**PLANT PART:** Grass

**EXTRACTION METHOD:** Steam distillation

**AROMATIC DESCRIPTION:** Fresh, floral notes of geranium and rose

**MAIN CHEMICAL COMPONENTS:** Geraniol, Geranyl Acetate

